

#### TACKLE FOOTBALL TOO TAME SHE JUST HAD TO BE MEAN MAT MOMMA

THE OFFICIAL MAGAZINE OF WRESTLING

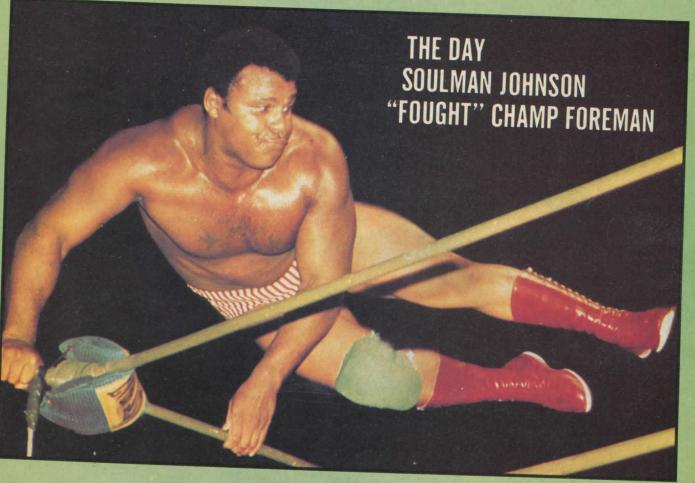
## Wrestling Monthly

FEBRUARY 74

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WRESTLING GIVES

EX-KANSAS CITY CHIEF NEW LEASE ON LIFE

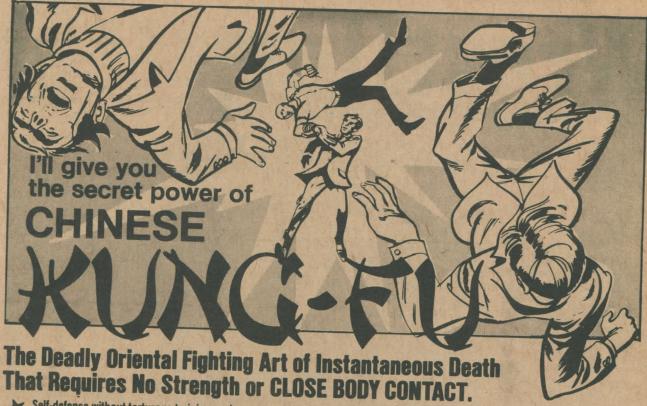


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HOW KUNG FU WORKS

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\*We do not claim that physically handicapped or other disadvantaged persons can perform these feats. Nor are these techniques claimed to be ef-fective against anyone armed with a loaded gun.

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#### VOLUME 4 NUMBER 2, FEBRUARY 1974

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#### IN OUR NEXT ISSUE

Looking ahead to our March issue, readers of WRESTLING MONTHLY will enjoy an outstanding picture story on The Magnificent Zulu, one of the most powerful, colorful athletes in the sport today ... There will be another interesting feature on Mike "Porky Pig" Loren who sometimes takes a porker into the ring as a mascot . . .

And we will have another installment of Gordon's Grappling Gems, an interesting pictorial feature making its debut this month . . . There will be our usual features including British Mat News... Gossipin' to a Finish... TV Wrestling Guide and Voice of the

Wrestling Fans.

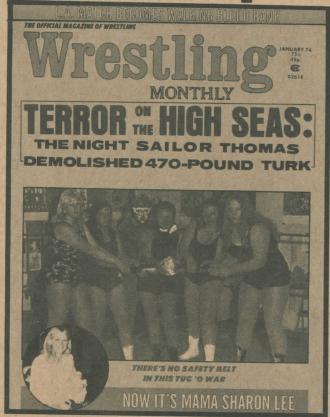
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Due to the tremendous volume of mail that we receive we can no longer give personal answers to inquiries. In the future we will simply select the most significant questions and answer them in our reader's columns in WRESTLING MONTHLY and WRESTLING REVUE.

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#### readers forum

Dear sirs

My letter is in regard to the letters in March 1973 by Marty Torres and Gary Blumberg. These guys are all wrong They said that Hawk and Hanson couldn't wipe the floor with Bruiser and Crusher. Nothing could be farther from the truth. As a matter of fact who

couldn't beat two decrepit old men like those two? Bruiser looks like he is at least 60 and he wrestles like a 70 year old woman. If you ever see Bruiser in person you know why I said this. You can not trust your own safety with a wrestler (and I use this term loosely) who leaves his teeth at home or in a bar and when he gets hit in the head by the strongest men in wrestling, feels nothing. I'll tell you why he feels no pain, he doesn't have a brain in that fat head of his. And Crusher (why can't he use his real name?) escaped from some sort of institution.

Marty Torres and Gary Blumberg wise up. That isn't a tag team, that is two old men trying to stay out of a old folks home. There is a tag team of Mulligan and Lanza who were stripped of the belts and for some reason or another haven't been given a rematch. I wonder why? Fear, perhaps? Perhaps nothing, thats all it can be. I am not saying Bruiser and Crusher are washed up they never were.

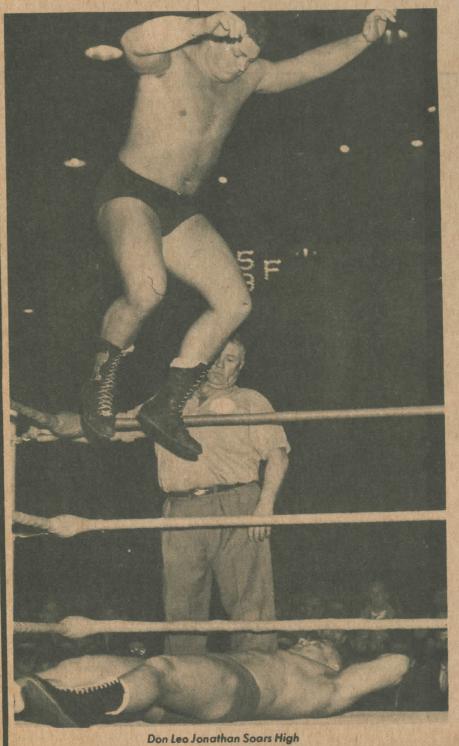
As all wrestling fans know, the best tag teams are the Blackjacks and the great team of Baron Von Raschke and Handsome Jimmy Valiant. As any fan of wrestling would know all of the WRESTLERS i have just named are managed by (the number one manager in the world) the one and only pretty Boy Bobby Heenan.

By the way did the Graduates split up? If so, why?

Philo, Illinois.

Dear sir:

Thank you, thank you, thank you a million times over for the terrific article on my all-time favorite. Don Leo Jonathan. I have searched many months in all of the top wrestling periodicals and found only a small paragraph or sentence, occasionally accompanied by a photo. But you and your magazine have denoted an entire article to him, and so many beautiful photos including the cover which I intend to frame. Also you have answered all the questions. I have been writing to the magazines about, i.e. his age, where he was born, if he has a family, what other things he enjoys besides wrestling etc.





Pat Patterson aids teammate

Tell me, do the wrestlers read your magazines? If so, would you say a great big hello for me and congratulations on his victory over Mad Dog Vachon at the Forum in Montreal? I was there, very close to him and he won the Grand Prix Championship belt.

Again, thank you.

Caughnawaga, Québec

Dear Sir

I'd like to say "long live Carpentier Wiecz" and all the Canadian French Wrestlers.

love the way they fight so cleanly and scientific. Carpentier and Wiecz have made a good name for Wrestling.

Long Live Carpentier and Wiecz C. Smith, Kingston, Ontario

Sirs

I know you have a great magazine but why don't you have anything about

(number 1) in the west. Like Pat Patterson, he's number 1 Rocky Johnson, Number 2 Peter Mavia Pepper Martin. Do you know Pat Patterson? I like him he's the greatest. If you could put him in the center fold. I would be just pleased . . . I bought your magazine to get a picture of Pat Patterson but it's worth it and I do like your magazine.

Jeff Barnett, Walnut Grove,

Mr. Evan R. Treharne:

I read an article in the October '73 edition of Wrestling Monthly in which you mentioned Joan Rhodes, the world renowned strong woman. I really enjoy reading articles and looking at pictures of strong women. Would you please send me any information (stories, pictures, etc.) on strong women that you have. If this is not possible would you please let me know the address where I could obtain further information.

Stories of feats of strength of women and pictures of strong women, specially

those with large, well developed calves and thighs would be greatly appreciated.

North Versailles Penna, 15137

Gentlemen:

I think your article on Don Leo Jonathan was great, but what I enjoyed most was your cover photograph. I have never seen such fantastic color reproduction. Why don't you have a color poster inside.

John Spaesk, Pikeville, Kentucky

Sir:

I enjoy your magazine but I think it has too many action pics. You use to have more features and photos on the human side of wrestlers and now you're getting back to the usual stuff all the other magazines have. What about lady wrestlers, I want to see more of them.

Shirley Stuckey, Houston, Texas.

Dear Sir:

I think that your feature story, by Jack Welsh, on the "Dream Match"; could Londos outlast Gagne? Was simply stupendous. It was not the usual Crap we find in other rags. Your journalist seemed to know what he was talking about. I should know because I saw many Londos bouts and the same with Gagne. What I liked about that article is the research that has been done. Instead of just comparing the two grapplers and saying Gagne would have done this and Londos would have done that. Jack Welsh came out with facts. He wrote about Londos' background and the rules of the times, he also gave us information about the "Golden Greek". Without inventing results or stupid impossibilities, Welsh explained how such and such outcome could be.

Congratulations on a fine article and let's have more.

Dr. Harvey Kirkland, San Diego, Cal.



## "SOULMAN" SPARRED WITH ALI AND FOREMAN BUT MAT GAME FIRST LOVE



by Allan Bolte

If a wrestler is colorful, and has ability, it's a fact that at some time or another Promoter Roy Shire will lire him into the West Coast. If a wrestler has just color, that doesn't necessarily mean he'll rate highly on Shire's list and Shire, vice-president of the National Wrestling Alliance, is an important figure in wrestling. But, if the man has both color and ability, rest assured at some time or another he'll be seen on a Roy Shire promoted-program.

One wrestler who has just about all the color and ability necessary to hit it big is Rocky Johnson, wrestling's Soulman who is a proven success and who already has shared his time as being a champion.

When Johnson first arrived on the West Coast it was with Earl Maynard, Mr. Universe of both 1964 and 1965 and the two made a tremendous tag team. They finally split up and each went their separate ways and Johnson remained in the areas and soon found himself wrestling with nothing but the best. Peter Maivia and Ray Stevens were two wrestlers who teamed with Rocky off and on and soon enough Pepper Gomez, the popular Mexican star, came along and with Johnson grabbed the crowns and successfully defended their belts for over six months.

Johnson then won the United

States Heavyweight Wrestling Championship and held that title for approximately six months as well but then lost it. Pat Patterson, the fabulous Canadian grappler, came along and he and Johnson became the World's Tag Team Champions.

The two finally lost their crowns to Dr. Ken Ramey's Masked Interns in Atlanta, Georgia and although Johnson presently is without a belt, he certainly is enjoying nothing but success.

For example, he's virtually undefeated and is meeting all the top names in wrestling from all over the world. His income certainly is nothing to laugh at and the man has to be in the best of health. And, he loves wrestling.

"I love wrestling," Johnson admitted. "There's nothing like it. I particularly like the West Coast. The wrestlers seem to be rougher and tougher here, the

#### "SOULMAN" RATES PAT PATTERSON BEST TAG TEAM PARTNER HE EVER HAD



Boxing's Archie Moore and Rocky Johnson.

competition seems to be better here, the money is great and the people are sensational. Fans on the West Coast seem to like wrestling from the bottom of their hearts and those in wrestling really like them.

"Naturally, wrestling on the West Coast has it's share of brawlers but that doesn't mean anything to me. This is natural wherever wrestling, or any sport, for that matter, happens to be."

Johnson normally plays by the rules but when his opponent goes a bit too far out of line, it's rather easy for the soulman to lose his temper. And, when that happens, heaven help the poor opponent.

He has his comments on breaking — and following — the rules.

"Those who have seen me in action live are well aware of the fact I normally play by all the ru-les," Rocky stated. "I feel that's the only way to do it. Either do something right or don't do it at all. So, I'll wrestle properly and therefore follow the rules. If my opponent does, too, that's fine. That's how it should be and there's nothing like better than a good, scientific wrestling match. But, if my opponent wants to break the rules and fight rather than wrestle, I can do that, too. I can break the rules easier than I can follow them, tha'ts for sure.

"You see, it doesn't take any know-how for a wrestler to bite, kick, hit and punch, but on the other hand it takes ability, speed and strength to use flying dropkicks, flying body presses, flying tackles and flying mares. I have pride in everything I do and that's why I like playing by the rules.

"I can win a match easily if I break the rules," he continued. "But, that's not like me. Not this boy, I'm interested in winning the right way or not winning at all. I have no respect for the wrestlers who always bend the rules. They evidentally have absolutely no determination to get ahead in this game, and they obviously don't care about their reputation.

"Wrestlers like Moondog Mayne, The Von Brauners, Kinji Shibuya and Mr. Saito never have followed a rule and I doubt if they ever will. But, it's funny about wrestlers like that. The

#### ROCKY FOLLOWS RULES YET TRICKY OPPONENTS BETTER BEWARE



Rocky "Soulman" Johnson is in trouble with Kinji Shibuya.

guys I named could just as well win their mtches through fair means because they've actually got the wrestling ability to be a winning champion but they just seem to get some kick out of literally breaking every rule that happens to get in their way. It seems to be nothing but a bad habit for them and they should try to break it. But, I guess they just don't want to. They're used to their way of wrestling and no one can tell them what to do.

"The referees can, though. They'll end up getting disqualified during each match and maybe then they'll learn. But, I'm not about to influence them at all. After all, why should I? They've got their style of wrestling and I've got mine. I just feel that mine is much more affective and all-

around better."

Johnson is nothing short of a tremendous wrestler. He has the record for performing the most flying dropkicks in the shortest time - 9 in 14 seconds - and wrestling isn't the only thing he's good at.

Rocky has a good hand at boxing as well and he often spars with George Foreman, the present World's Heavyweight Boxing Champion, and Muhammad Ali, former boxing king. He loves boxing as well and is quite good at it but it's obvious that wrest-

ling is his first love.

During his first few years in wrestling Johnson immediately rose to the top of the pile. He found hims : If with the tag team championship with equally popular Ben Justice but it certainly was hard getting to the top of the list.



Johnson grabs at Mr. Saito, who was working Pat Patterson over.

"I used to just hang around gyms and work out and for a while I assumed I was just wasting my time if a career as a professional wrestler was what I was after but soon enough a local promoter entered the gym, spotted me, and asked me if I wanted to wrestle. I couldn't believe my ears and I trained and trained and practiced and practiced and my first few matches were no-thing to brag about. I lost my first two matches and went to a time-limit draw for my third and then I won my first match, it was my fourth match and I won it and that was all that mattered.

"I knew that if I kept it up that I would be a success and other promoters would spot me and maybe make offers for me to appear in other areas of the country and maybe in other parts of the

world.

"Well, it finally happened. Soon enough, I found myself travelling all across the country and I was appearing in main events all over and people loved me everywhere I went. Then, I received an offer for a tour of Japan and to this day I still wrestle out of this country whenever I can.

"I love travelling and meeting people. This is another reason wrestling is good to me. I can travel. I like meeting all different types of wrestlers and each different country seems to have their type. Sumo wrestlers seem to intrigue me the most. They're big in size and they're fast and they're good with leverage. I en-



Saito receives a scalp massage from Johnson, the hard way.



Johnson pins Saito on the floor of the arena.

joy watching them in action."

The good-looking star is only 28 years old and was born in Canada and attributes Pat Patterson with being his best tag team

partner thus far.

"Yes, I'd have to say Pat was the greatest tag partner I ever had and I doubt if anyone ever will come along to be better than him," Rocky informed. "I could really depend on Pat. Whenever I was in trouble, if my opponents were cheating and both working me over, there was no doubt that Pat would be there instantly. He was very dependable and that's my kind of wrestler. Pat could always depend on me as well and

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Johnson aiding his partner.

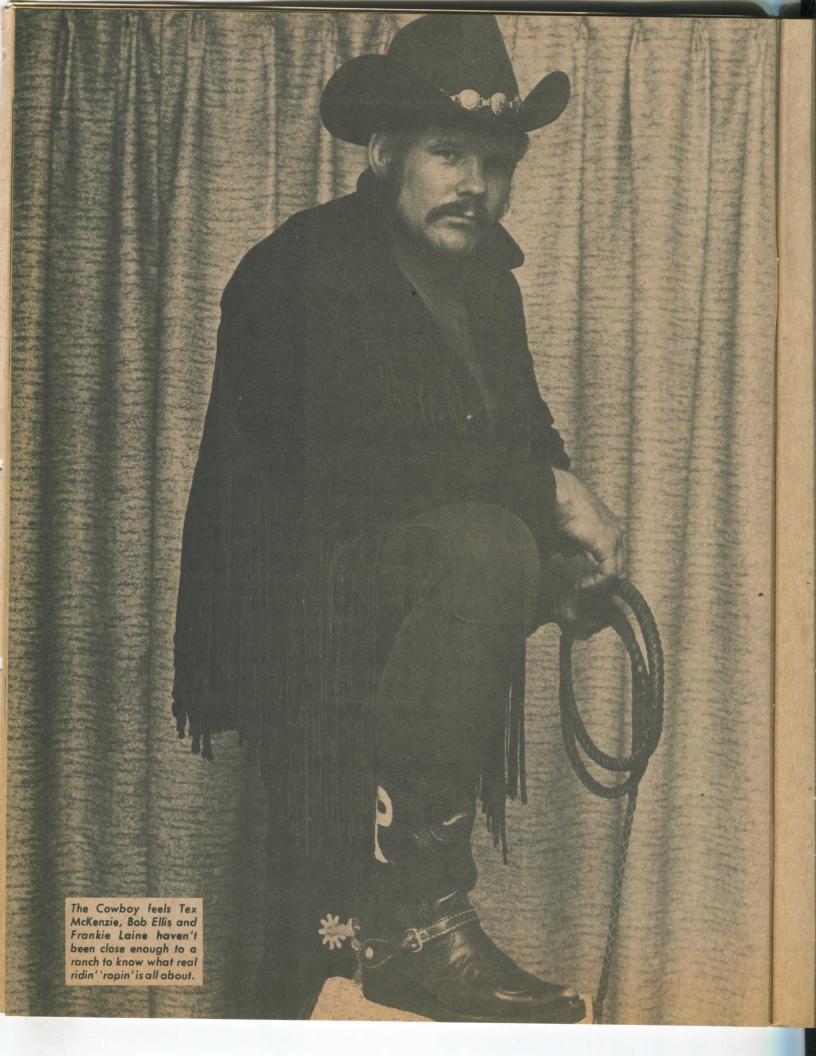
that's why we made such a great team. Maybe sometime soon we'll team together again and work our way back up to a shot at the tag titles. If we do, we'll give it everything we've got and we'll walk out as the tag champions like we did before."

Rocky is a firm believer in conditioning and one way he keeps in constant tip-top shape is with the use of his weights and through running. This is reflected on his 55 inch chest, 30 inch thighs, 20 inch biceps, 19 inch neck and 19 inch calves.

Johnson has seen Australia, Japan, Africa and the Far East as well as the States and he's more than popular everywhere he goes. He loves the fans and they love him. It's that simple. He custantly takes time to sign autographs, chat with his many fans about the sport.

Wrestling has been good to the soulman and he has reciprocated. Rocky is good for wrestling. Those who are his partners and friends are quick to admit they hope he stays in the game for a long time to come.

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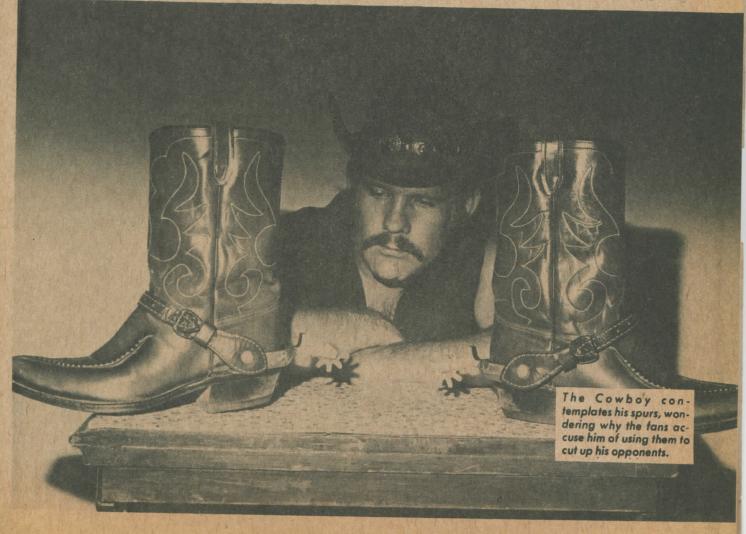
# COWBOY PARKER USES SPURS ON FOES TO PROVE HIS GAME'S NOT FOR PUNKS

by Fern Pilon

With the current rash of cowboy wrestlers on the scene. Names like Tex McKenzie, Frankie Lane, Bob Ellis, come to mind and each will tell you, in his own way that he is the only cow-

boy star, and the others are fabrications. Some nights the wrestling looks more like the shoot out at the corral and the only names missing are Doc Holiday and Bat Masterson. For sheer arrogance though its pretty hard to beat Cowboy Parker.

Talk to Parker for five minutes and if you don't feel like rope tying him, then brother, you are cool. The first thing the cowboy tells you is how good he is, and then runs down a list comparing him with other wrestlers in particular. "Take a look at that kis-



## FAMILY WEALTH HELPED PARKER LEARN MAT TRADE PERFECTLY

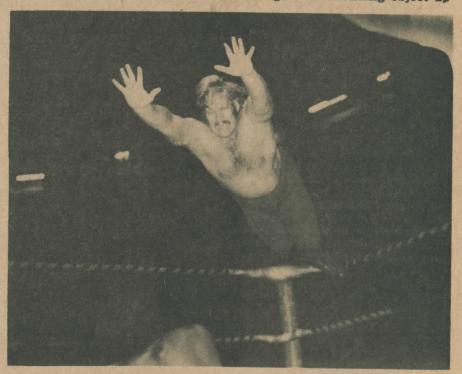
ser on Cowboy Bob Ellis" he said. "He looks like a movie star or maybe a preacher, a real cowboy looks rugged, and that's because he has led a rugged life. Tex McKenzie, hell the closest he ever came to being a cowboy is an old pair of cowboy boots he owns and he bought them second hand. With those long legs of his, he looks more like a flamingo prancing around the ring. If he ever gets up enough guts to climb into the ring with a real cowboy such as myself, we will see who has developed the best bull dog hold. What is he?, six foot six, or seven, after my doggie he will stretch from one corner to the other, he is a joke".

That should have been quote, unquote for I don't want Tex to think it's my opinion. The Cowboy (he refuses to tell his first name) said he has born in Houston, Texas and was the state amateur wrestling champion while in high school, while starring in track with the discus and shot put, and football. "Because I played all these amateur sports in high school I had to change my name to enter the rodeos. You see my people are wealthy. We own half of Dallas, and ranches all over the Lone Star state. I was two years old when I roped my first calf and I never stopped.

Just look at this body" he went on, "ever see anything so beautiful?, this is two hundred and fifty muscles and it hangs on six solid feet. You know "he rattled on, "you look like like one of those calf's I rope.

The rodeo helped me perfect the bull dog. I knew that one day I would wrestle as a pro, and I want to be the best, not only the terviewed Parker, he was wrestling the horn tooting, truck driving wrestler, Bull Bullinski. From the sound of the bell it was a knock down and drag out affair, with first Parker, then Bullinski taking command, then a flurry of punches and Parker was down, and moving back towards his corner on his back. Bullinski, jumping up and down waiting to pounce on the hurt Cowboy who was all the way back in the corner and reaching for something.

Now, Parker, to this day still, denies what I saw with my own eyes, saw him grab a spur and concealing it from the referee brought the offending object up



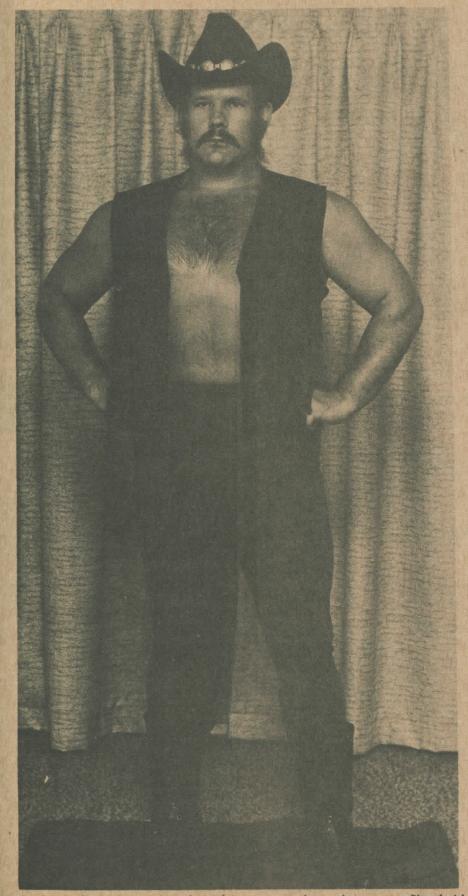
Cowboy Parker uses top rope as launching pad to pin fallen-down opponent.

best cowboy wrestler, but the best wrestler period. Being wealthy has helped, it allowed me the comfort of taking my time to learn things properly. Not only are the wrestlers afraid of me, but promoters are also. They refuse to book me against top line performers, the so called big names of wrestling. They all know how tough I am and realize that my bull dog could kill them. I give no quarter and ask none he return" he went on, "there is talk that I wear spurs in the ring, did you ever hear anything so ridiculous?"

It happened the night that I in-

along side his body with a lightning move into the face of the raging Bullinski.

Bull staggered back, blood pouring from the cuts, The referee looked at Bullinski and then over to the cowboy, who by then was up on one knee. The referee checked Parker carefully and came up with nothing, the fans went wild screaming that the cowboy had used spurs. "The fans know, and I know" Parker went on, "Its guy's like you that start the fans believing I use spurs and other foreign objects. Not so! And I want this to go on record as of now. Wrestling fans,



Cowboy Parker, mean man in and out of ring says wrestlers and promoters alike afraid of giving him shot at championship.

you who say I have done something illegal, you are liars and that is all I want to say on that matter". Well, quite frankly that's all I want to say on that matter for I saw the spur.

I asked Parker what he does for relaxation when he is loafing

around.

"I have no hobbies" he said, "and unless its country and western or maybe just plain old cowboy music, I won't listen to it, it has to be country for I play the guitar and sing along". For food its lots of beef from his ranch, plenty of vegetables, and fruit. The cowboy owns a big ranch and breeds horses. When I asked him if he was married and had a family, he just looked at me and laughed, "that" he said, "is my business". For kids that want to be a wrestler he has this advice. "Dont!, get yourself a trade, this is a mans business and I have seen the type of punk walking the streets, and they are not the kind of would from which men are built. I have been wrestling nine years now and I believe I deserve a shot at the title. Promoters won't book the match because if they do there will be a new world champion, Cowboy Parker.

#### PROMOTERS, OPPONENTS FEAR PARKER, BULL DOG TOO DANGEROUS



# TACKLE FOOTE WAS TOO TAME, HEATHER WAS TOO BE WRESTLER JUST HAD TO BE WRESTLER

#### by Gilda Diradoo

"Hey Guys! Want to dominate your woman, keep her under your thumb, give her orders, and none of this Woman's Lib back talk? Well, I have the girl for you! She is five feet ten inches and three hundred and sixty nine pounds of woman, Heather said. "All I want from a man, is that he be a man, strong willed and ready to make me answer to him. I won't stand for him cuffing me around but he has to be the boss".

Born in Lincoln Park, Michigan, twenty three years ago, Heather weighed eighteen

pounds at birth and has been growing ever since. It's wonderful talking to a person like Heather because in this day and age, people are brainwashed in believing that being heavy is a disaster. Try and buy nice clothes, even if you are just the plump type. Or for that matter, the back seat of a two door car just wasn't made for the heavies. This young lady has no hang ups at all, she is jovial, pleasant, and at present taking advantage of the fact that she is a big lady. A born athlete, she was Michigan state bowling champion at the age of thirteen with an average of

While attending Lincoln Park high school she was voted the all school athlete, playing baseball,

"I never had any thoughts of being a lady wrestler at all. I was working in a bowling alley as lane superintendent when a friend said he thought that I would be a good wrestler. Well, I laughed, but he kept teasing me about my strength and how l should put my size to use. Well everyone took up the chant and finally one night it was put to me as a dare, "you're chicken if you don't go to the gym and try some girl wrestlers", I was told, so I did. Well I went to the gym and they tried me with a couple of girls who were just starting, and handled them easily. I was working sixty hours a week in the alley and earning peanuts.

"I was told that I could earn in one night better than I labored for all week. I asked the trainer if



#### A NATURE LOVER, HEATHER LIKES TO TALK TO ANIMALS WHILE WALKING IN THE WOODS



Now that, believe it or not, is a cock a poo and it answers by the name of Murphy.



Heather is a jovial person who wants to be the best wrestler in the world

it was possible to try more experienced girls and he said go ahead and watched me."

"I must have impressed him for he brought me into the office and signed me to a contract. I was handed a cheque and I couldn't believe it. I suddenly became very enthused. I trained constantly and had my first match in an all girl wrestling battle royal."

"My ambition is to learn everything I can about wrestling, I want to be the best female wrestler in the world". Heather has found her toughtest opponents so far have been Lilly Thomas, Jan Sheridan, Linda Klein and the Fabulous Moolah. "Moolah is really something else, I have heard that Mildred Burke was great but I have never seen her wrestle so I can't compare them." 'Sports runs in her family, her younger sister works for Tiger Stadium in Detroit and she and Heather go swimming together and love to ski in winter months.

RATES
FABULOUS
MOOLAH
BEST WOMAN
WRESTLER,
ADMITS SHE
NEVER SAW
MILDRED
BURKE
IN ACTION

You wouldn't have any trouble feeding this young lady as she loves all food, especially steaks and pizza, washed down with gallons of soda pop and water. For relaxation Heather likes to walk in the woods and if she sees animals, she tries to talk to them. With her is her dog Murphy, named so because he looks Irish. Actually her dog is a cock a poo that is a dog that is half cooker spaniel and half poodle so naturally it's cock a poo. Heather likes to play tackle football with the fellows at the sandlot. "We practice in one of the fellows apartments, believe it or not".

If I had not been so successful in wrestling I would have liked to paint and do so whatever I can. I also like to read and make sure that the library has a guest once a week for an afternoon. I like bestsellers. I write down a list of the books that has to be read and go through them as fast as I can, I love all kinds of music, especially rock, but I can't hack country and western, believe it or



Fans love Heather and can always count on a fantastic performance from this heavy-weight.

# FRIENDS TEASED HER INTO MAT SPORT, NOW SHE WANTS CRACK AT CHAMPIONSHIP

not I just don't like it. I'm sour on marriage but love children, little boys are just adorable." Heather's favorite holds are the back breaker and bear hug. She would like to add a few more finishing holds to her repertoire.

People always bug her about politics, her friends include judges city officials and persons who seem to be forever pestering her to work on some committee or other.

She stays away from politicians because as she says "they are all phoney and I can't stand people who put on for their own financial benefit".

Talk to this lady for a few moments and you find someone who is truely a beautiful person and she is a big girl, but believe me her heart is even larger. I know some day she will succeed in being one of the top star's in women's professional wrestler.

#### BEAUTIFUL PERSONALITY MAKES FRIENDS IN ALL WALKS OF LIFE

Ladd likes the glamour of wrestling, the travel and the excitement of meeting new faces in all the different cities.

#### WRESTL I CITY CH I NEW LE

by George McCarther

When the question is asked, how would a good small man do against a good big man, invariably the names of the giants in the wrestling world come to mind. Jonathan, Ferre, Sky Hi Lee, and Wee Willie Davis. Some have faired very well while some others were run of the mill stuff. One of the better ones to make his name known in professional sports in general and pro westling in particular has been "Big Red" Ernie Ladd.

When Big Red stands up, it's to a full six foot nine inches and three hundred and twenty six pounds. Ernie Ladd, was born in Orange, Texas and by the time he enrolled in high school he was being closely scrutinized by basketball and football scouts. In high school, Big Red's coach was a man who sired another great football player, Bubba Smith. Bubba's father spotted Ernie as a potential all pro and gave him one hundred percent of his football knowledge.

A five letter man in high school he loved all sports, but favoured football and wrestling and excelled in both. Most youngsters are highly elated to receive one bid or scholarship and jump at the opportunity. Ernie had so

## ING GIVES EX-KANSAS IEFS STAR ASE ON LIFE



Ernie likes to antagonize his foes and even he has to take some punishment while warring on the mat.

"BIG RED" HAD ENOUGH SCHOLARSHIP OFFERS TO WALLPAPER A ROOM.

many written offers he could have papered his bedroom walls with all the concessions. "There was never any question about where I would go to college. From the time I could read I wanted to attend Grambling University and although I talked to other scouts and coaches, it was always Grambling, and as the years went by I never regretted my decision. Eddie Robinson was my coach and he was all american caliber and the first black in college all star games".

After graduation Ernie signed for a bonus in the six figures to play football in the newly formed league. His years with Kansas City and San Diego were outstanding football years for Ernie as he lined up with Freaser, Hudson, and Nerry to form the first fearsome foursome, that most feared line in professional fottball. That line made the job of the lineman glamorous. Always plagued with bad knees and having difficulty moving on lateral plays, Ernie found himself in the infirmary as often as he was on the field.

Any other athlete would have thrown in the towel and quit, not so Big Red who gave one hundred percent all the time. It was in the winter following a painful year that Ernie, who had been work-

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Big Red earned grid fame a Grambling before starring with Kansas City Chiefs. Wrestling now his first love.



Ernie has been known to grab the microphone and give the fans a verbal going over even in civvies.

### MAT STAR DICK BYERS HELPED LADD REGAIN TOP FORM AFTER KNEE TROUBLE

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#### THE GOLDEN WEST EATING CLASSIC

A versatile athlete Ernie has talents in many other fields. There was the golden West eating classic of 1964 when Big Red walked off with the title. The contest was started with two pounds of salads, two stuffed lobsters, five pounds of two inch steak, and two whole chickens. By then there were only three contestants left and five pounds of spaghetti with meat sauce brought it down to a finale between an Italian American and Ernie. Half a chocolate cake with ice cream and they were still tied. Now the tie breaker was brought out, it would be southern fried chicken untill someone conceded.

Eighteen chickens and a bloating belly later, Big Red's opponent threw in the napkin. "He later protested" Ernie said," he said black people are used to southern fried and I had the odds, but it was turned down". Ernie has been known to bankrupt a smorgasbord diner in San Diego. For relaxation Big Red plays dominoes, pinochle, table tennis, bowling, golf, boating, camping, and loves to play chess, but will play only the best.

#### ERNIE THINKS JAZZ AND COUNTRY 'N WESTERN BEST LISTENING

ing out with weights to strengthen his knees, was introduced to Dick Byers (better known to wrestling fans as the Destroyer). Dick, an ex-footballer himself had a history of knee trouble and friends believed he could be of some help to Ernie. Byers along with Sammy Stein, and former hockey all star Gerry Murdock, used to work out every day and invited Big Red to come along.

After a workout of weights, handball, and running, they would head for the wrestling mat, so Ernie after exercising his knees went along. Before long, Ladd found that the wrestling sessions along with the weights were giving his knees that old feeling and the streength was coming back. Now Murdock had an idea, and talked to Ernie about wrestling as a professionel in the off season. Big Red liked the idea and a new career was born. At first accepting matches only in the Californie area, Ernie started to branch out and when he finally made an appearance in his home state Texas, it was to complete sellouts everywhere. Ladd returned to the gridiron in the fall, but his new love was in his blood and he couldn't wait for the football season to end.

"Man" Ernie said, "let me tell you I loved football all my life, as a matter of fact you might say football was my life. Now I had wrestled in high school and college, but this was something else. The crowds were louder than football, the excitement the glamour, travel, restaurants, new faces in different cities. Without being fickle I had found a new mistress, wrestling. I now realized that my future was in pro wrestling and when the season ended I couldn't wait to get back in the ring. I had a contract for a couple of more years of football, but I started planning for the mat wars. Football has been good to me and I have no complaints but my life now is wres-

Jazz and country and western are his musical preferences. Ernie's pet project is called just that, Project 4 youth program

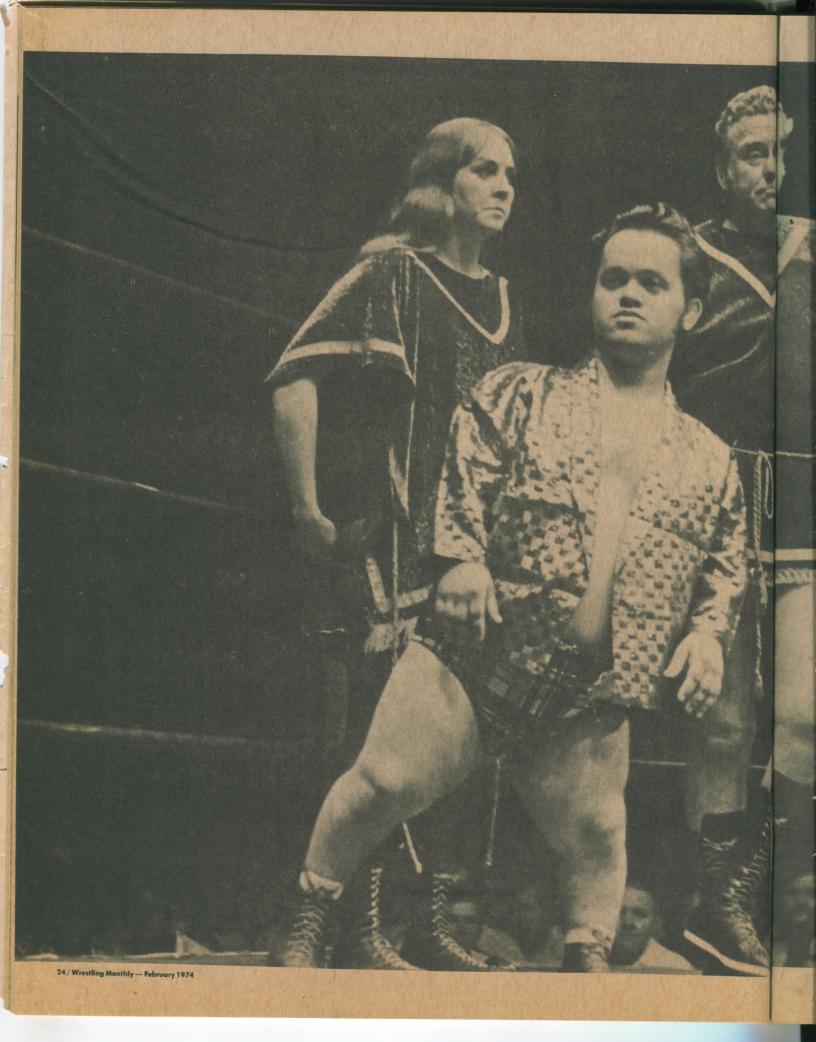


The "King of Wrestling" wearing his gem studded crown.

#### GIVES WAYWARD KIDS ADVICE THROUGH PROJECT 4 YOUTH PROGRAM

and united leadership league consisting of professional people and professional athletes. "Strangely enough" Ernie said, "most crimes involving children take place between three and six in the afternoon and we find things to keep them occupied during these hours to stay out of trouble. My advice to kids is keep away from drugs and get a good education. And be a star in the

classroom first, because you never see a hungry teacher. And listen, for no leader can be great without learning how to take orders". A happily married man with two boys Ernie Jr. and Rodney James, and one daughter Erica Lashan. A man of many talents and many interests if his knee holds up he might find another professional sport to conquer.



# LOU KLEIN ALMOST FACED LAW SUIT WHEN HE WAS THE HORNET

Klein is seen here with his daughter, Linda, who is a good wrestler in her own right, and the midget ace, Joey Russell.

#### by JOE GILBERT

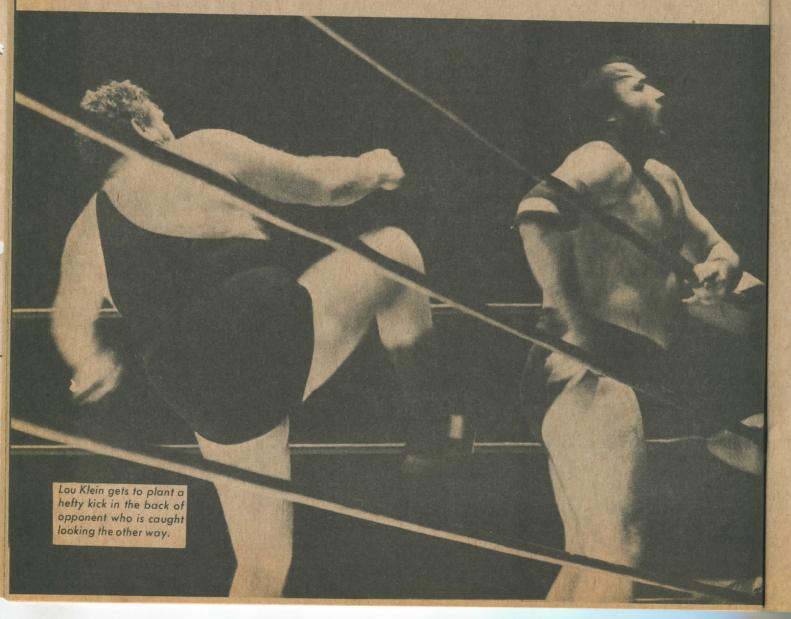
How does a man become a professional wrestler, because he had appendicitis at the age of ten? Well, I am not only going to tell you how, but also who! When Lou Klein was a little lad of ten he was operated on and came out of it all with a wrinkled belly. "After that it seemed like everything I ate turned to weight and I became the village 'fat boy'. It was now a case of either losing the weight or becoming the fat man in the circus. I joined the Y.M.C.A. and took up boxing, wrestling, handball, volleyball, and ping pong you name it and I did it. In six months I dropped from two hundred and twenty pounds to one hundred and seventy. I didn't diet, I just trained hard and cut out the midnight snacks'

About that time Lou became interested in amateur wrestling and joined the Clark Park Y.M.C.A. wrestling team. In his first year he

# BECAME WORLD'S AMATEUR CHAMP, VIED IN OLYMPICS

captured both city and state titles and won the Y.M.C.A. national title. For five years he was undefeated and has the medals and ribbons to prove it. Olympic trials were next, and Lou became worlds amateur wrestling champion and earned the right to represent the United States In the heavyweight class. A war spoiled all this for Lou and he turned his interest toward the professional ranks. Realizing that he might want to enter amateur competition again he decided to wear a mask to conceal his identity.

Dressing himself in a full outfit and mask, he became known as the hornet, because the outfit was green, the fans called him the green hornet. Unfortunately at that time Detroit radio station WXYZ was promoting a syndicated program call the Green Hornet. Unfortunately at that time Detroit radio station WXYZ was promoting a syndicated program call the Green





Pampero Firpo has the upper hand at the moment on Klein as he applies the pressure with a bear hug.

#### HALF-BROTHER TO RED BASTIEN, ALSO MAT STAR

place in Columbus, Ohio with Billy Varga, from this Lou gained the junior heavyweight championship, and lost fourteeen pounds. Klein held this title for six years.

Holder of many individual titles he and his half brother Red Bastien once held the world's tag team championship. "Red and I made a very good team" Lou confided, "but we each had something to prove to ourselves and so we went our seperate ways. Like most brothers we get along better when we are apart". Today when fans talk about wrestling they invariably single out performers who have appeared on their favorite channel. "You know" Lou said, "television has been a tremendous influence. The stars you know and want to see in the arenas are the ones you know from television. Actually without it your dead. Ever hear of Johnny Carson or Red Fox? How many people would recognize

Hornet and registered letter to Lou advised him to change his name or they would begin litigation proceedings to the tune of \$50,000.

In those days \$50,000 was equivalent to \$150,000 today so needless to say the mask came off. While getting started in the proranks Lou played semi-pro football with Johnny Olenick's Wolverines and pitched baseball for Arthur clothes in downtown Detroit.

To show his versatility he won the Michigan state AA doubles in handball and was seated number one at the western Y.M.C.A. The name of Klein has appeared on over 9000 cards all over the world and he has emerged from these with an enviable record of victories. Lou holds two records in professional wrestling that could stand for quite a while. He holds the record for the shortest match by defeating an opponent in four seconds, and also the longest which lasted four hours and thirty two minutes. This power struggle took

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Lou and daughter appear in a pensive mood before starting this match which was a mixed tag affair.

them without television? You have to use television to sell yourself. When I appear on the tube I'm selling Lou Klein.

Speaking of recognition, he went on, "when I shop around or go in a restaurant I find that people who know who you are tend to give a little better service". Lou always finds time to pass on a little wrestling knowledge to some youngster. Indirectly this was how his daughter Linda became interested in professional wrestling and today she is considered one of the glamour gals of the mat.

"I had so many requests from girls wanting to learn how to wrestle that I gave Linda lessons so that she could teach the distaff side. One evening I was wrestling in Flint and Linda drove up with me. There was a ladies tag team match and one of the girls had missed her plane connections. The promoter

## CITES TELEVISION GIANT ASSET IN BOOSTING SPORT

was about to commit suicide when I happened to mention Linda. He was delirious with joy! I told him to introduce her as Patty Duke so there wouldn't be any connection. She did just great and I was real proud of her. The promoter thought she was better than just OK and immediately signed her to a fat contract, and she has been wrestling ever since".

Lou has wrestled all over the world and estimates that he puts in

100,000 miles in the United States and Canada alone. "I was talking to a reporter the other day", Lou said, "and he finally got around to a subject everyone wants to know about sooner or later, he asked about fakery in wrestling. I told him what I'm telling you now. A wrestler takes a swing at another one. He misses by three or four inches and the wrestler still falls. The thing is, he didn't fall to make it seem as if he was hit, but to keep

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from getting hit. We soon learn its easier to fall and get out of the way than it is to be clobbered".

Lou is enjoying good health at present and as long as he is healthy he will continue to wrestle. "I have he will continue to wrestle. "I have a solution for some of these guys who are always moaning", Lou said "and that is, do what I do for relaxation, and that is, . . . work".

Klein appears to be giving his daughter some veteran advice about wrestling and she is listening dutifully.

#### VAGEONS VERSATILE MAT FAMILY, PAUL PROMOTES, MAD DOG **GROWLS** by GEORGE O'CONNOR What has eight legs and wrestles professionally for a living? Why it is the four Vachon's of

Maurice "Mad Dog"

puts a "protective hand"

on brother, Paul, as the

Vachons prepare for

some rugged tag team

course! When you are part of such a family of wrestlers you have to produce. Paul Vachon, the youngest, has had to endure this type of hassle since he startly" Paul said, "My sister Viviane started after me, so, although she gives constructive criticism I do have a few years experience on her and remind her quickly".

The Vachon family ranks with some of the great wrestling families such as the Duseks, Millers, Grahams, Mills, and Kalmikoffs. From the time he was a teenager, Paul knew he wanted to be a professional wrestler. His dad was a wrestler and every son wrestled as an amateur. Most famous of the clan Maurice, already an amateur star and on his way to Europe to represent Canada in the 1952 Olympics was of course Paul's idol, and he patterned his style of wrestling after

his brother.

Paul started his amateur career at Montreal's downtown Y.M.C.A. weighing one hundred and seventy eight pounds. His coach was Frank Saxon who was coach of the Canadian team in the British Empire and Olympic meets. On the same amateur team was another fellow who made a name for himself, in the pro ranks, George Cannon. An excellent singer Paul almost got sidetracked as many friends tried to convince him that his future should be his voice and not his body.

For a time he tried to combine both careers, singing on his night's off. There is an old cliche, "You can't burn the candle at both ends". "You just can't stay uh until two, three or four o'clock and expect to wrestle the next day. But my love for wrestling goes much deeper, so when I had to make a choice it was for the

After Maurice returned from the Olympics he turned professional and went on tour of Canada and the United States. When Maurice would return to Montreal Paul would be there to meet him, and where you would see Maurice there was Paul. Shortly after Paul turned professional and was off to the mat wars, following in his brother's footsteps. After a few years of seasoning it was time to join Maurice, and the Vachon Bros. were in business. First it was through the southern United States and Atlanta, Georgia in particular. The Peach State had not experienced anything like the

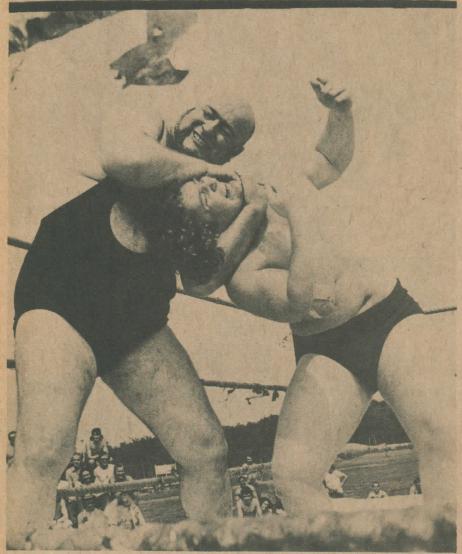
Maurice for a time, and started on a world tour. Australia, Japan, Korea, then India where he became one of the most popular wrestlers since the time of the Great Gama. His matches with the Giant King Kong are still talked about in the halls of Bombay and Calcutta. While he toured India he trained with Darrel Singh, who was to show him how to apply the hold that Paul now uses to win most of his falls. The dreaded Indian hang-

Vachons since Sherman marched to the sea. To this day some believe that they were escorted to the state line and told not to return. Wanting to find himself, Paul left

Here are a group of swinging wrestlers during a recent visit to a children's hospital: Paul Vachon leads the choral group at the piano while looking from (left to right) are Don Leo Jonathan, Gilles Poisson, Killer Kowalski, Maurice Vachon, Leo Shennatan, and Jack Curran, popular wrestling announcer for CFCF-Television.

#### SISTER VIVIANE ALSO STARS **BUT COMMISSION** SAYS 'NO' IN MONTREAL





Paul Vachon has an opponent in trouble with an arm lock during a match at the Cowansville minimum security jail.

#### MAURICE WAS OLYMPIC ACE, TOURED U.S., CANADA AS TOP DRAW

From the Asiatic countries, Paul made his way to Africa, and then to Europe for the German tournaments and matches at the famed Palais des Sports in Paris, France. A year in the British Isles and Paul was on his way home and looking forward to

teaming up with brother Maurice once again. This time the Vachons hit the Midwest but fans, as sister Viviane in the meantime had been training with borthers Reg, Stan and Maurice and had made a fantastic debut in the true Vachon fashion.

Fans in Minneapolis, Milwaukee, Denver, Chicago were about to cause mayhem when again the Vachon Bros. headed back to Montreal. Once in Montreal Paul turned to promoting and also as color man to C.F.C.F.'s Jack Curran. His colorful manner and flair for the unexpected enabled him to draw record crowds everywhere he promoted.

"Of course" said Paul, "I featured my brother Maurice on most of the main events and for good measure I would wrestle once in a while myself". Show business runs in the Vachon blood an sister Viviane has cut records and albmus. She is one of French Canada's top female vocalists. "When I finish wrestling I would like to sing for a living," Paul said.

In the meantime he has gone into partnership with the very clever television producer John De Villier and together they have purchased a mobile television unit, with three color cameras, and the company is called Mirabelle. "At present" Paul went on "we are televising the roller derby shows. Last year we made a full length movie entitled "Wrestling Queen, not about Maurice" he laughed, "but my sister Vivian".

Next year we intend taping another full length feature that will be titled "Mad Dog". How Paul finds time to work out with all that activity amazes me, but he finds time to do some road work and swims. He also has time for snow mobiles, car racing, hunting, and fishing. Does he have time to eat? "Steaks and salads," he said "and I love all music from country and western to classics."

Paul's advice to youngsters is to star wrestling young and stick to it. Married with three boys and three girls he is the ideal family man, always busy. Six foot one, three hundred and sixty pounds, full beard and a broad smile. "Keep busy", he said. "That is the secret"!.



Paul and Maurice Vachon put the strong arm on some good natured admirers during their wrestling visit to the Cowansville minimum security jail.



# YOUNGER PAUL WAS A STANDOUT IN BOMBAY, CALCUTTA

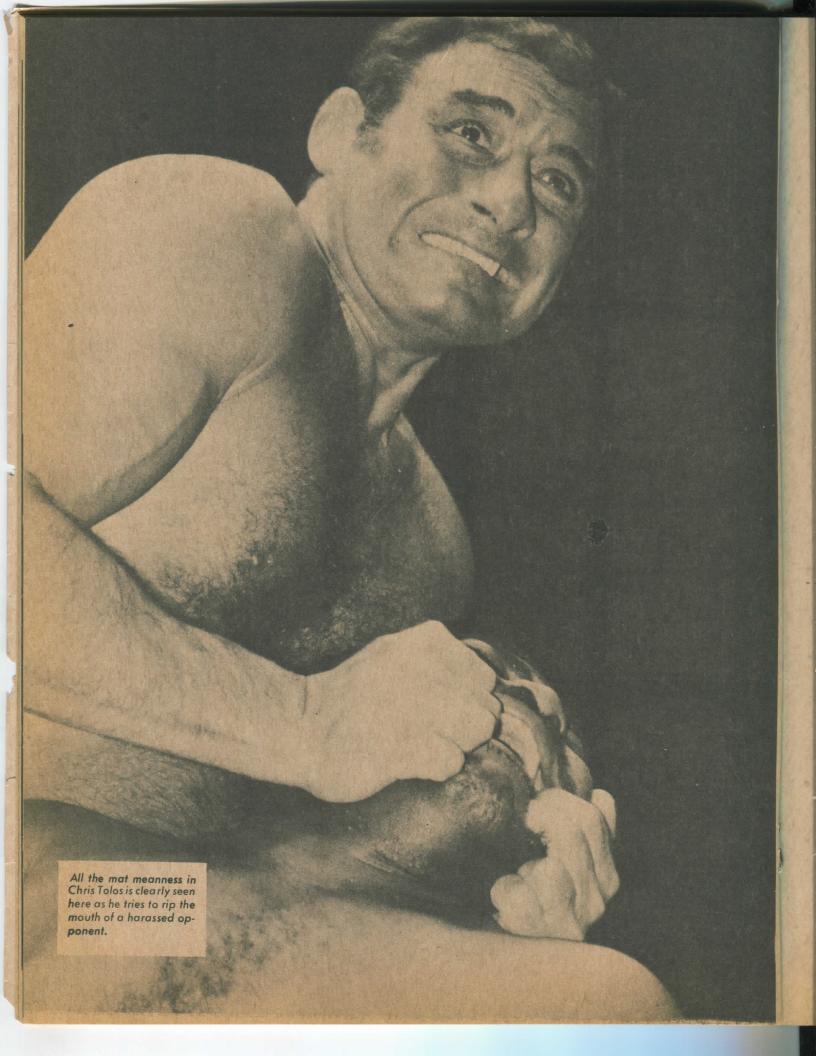
Paul Vachon is extremely proud of oil painting presented to him by a fan.

In this section we attempt to list every television wrestling show in the world. Although we have a fairly complete listing, the changeable nature of television schedule makes it impossible for us to be sure that it is complete and up to date. Therefore, we request that our readers help us by letting us know of any changes in the television schedule in their area, and of any shows that we have failed to list or listed incorrectly.

CHANNEL	CITY	DAY	TIME	
ALABAMA		ASSET NO		
19 WHNT 40 WHMA	Huntsville Anniston	Saturday	4 00 P M 4 00 P M	
33 WCFT	Tuscaloosa	Saturday Saturday	5 00 P M	
42 WBMG	Birmingham	Saturday	10.00 P.M.	
40 WHMA	Anniston	Wednesday	10.30 P.M.	
4 WTVY 32 WKAB	Dothan Montgomery	Saturday Saturday	4 30 P M 10 15 P M	
48 WMSL	Huntsville	Outurday	10.131.101	
ARIZONA				
21 KPAZ 11 KZAZ	Phoenix	Thursday	7 00 P M	
ARKANSAS	Nogales	Sunday	5 00 P M	
10 KTVE	El Dorado	Saturday	4.00 P M	
5 KFSA	Fort Smith	Saturday	1 00 P M	
8 KAIT 8 KAIT	Jonesboro Jonesboro	Saturday	1 00 P M 1 00 P M	
40 KFPW	Fort Smith	Sunday Saturday	12 00 P M	
CALIFORNIA				
13 KCOP	Los Angeles	Saturday	8:00 P.M.	
34 KMEX 34 KMEX	Los Angeles Los Angeles	Saturday Wednesday	11.00 P M	
40 KLXA	Los Angeles	Friday	7 30 P.M. 8 05 P.M.	
40 K11 X	Sacramento	Saturday	3 00 P M	
36 KGSC	SanJose	Saturday	9 00 P.M	
44 KBHK 40 KILX	San Francisco Sacramento	Saturday Sunday	5 00 P M 4 00 P M	
34 KMEX	Los Angeles	Thursday	11 00 P.M	
5 KTLA	Los Angeles	Wednesday	7.30 P.M.	
50 KFTY	Santa Rosa	Tuesday	7 00 P M	
46 KMSI	Monterey	Saturday	3.00 P.M	
COLORADO	Newark	Sunday	6 00 P M	
4 KOA	Denver	Saturday	1.00 P.M	
5 KOAA	Pueblo	Saturday	4:00 P.M.	
5 KOAA CONNECTICUT	Pueblo	Friday.	3 30 P.M.	
3 WTNH	New Haven	Saturday	12 30 A M	
FLORIDA 3 WEAR	Pensacola	Saturday	10:00 P.M.	
12 WFGA	Jacksonville	Saturday	1.00 P.M	
6 WCTV	Tallahassee	Saturday	5:00 P.M.	
5 WPTV	Palm Beach	Saturday	1 00 P.M	
23 WLTV 6 WCIX	Miami	Sunday Saturday	1:30 P.M 3:30 P.M	
9 WFTV	Orlando	Saturday	1:30 P.M.	
11 WINK	Fort Myers	Saturday	4.00 P M	
44 WTOG	Tampa	Saturday	8 00 P.M	
10 WLCY 40 WXLT	St Petersburg Sarasota	Saturday Sunday	1:00 P.M. 5:00 P.M.	
51WKID	Miami	Saturday	7.30 P.M.	
GEORGIA				
3 WRBL 41 WCWB	Colombus	Saturday	4:00 P.M. 1:00 P.M.	
17 WTCG	Macon Atlanta	Saturday Saturday	7:00 P.M.	
41 WCWB	Macon	Sunday	3:00 P.M.	
6 WJBF	Augusta	Saturday	3:00 P.M.	
11 WTOC 10 WALB	Savannah Albany	Saturday	11:00 P.M.	
HAWAII	A.Dairy	Saturday	5:30 P.M.	
9 KGMB	Honolulu	Saturday	4:00 P.M.	
3 KMAU	Wailuku	Saturday	3:30 P.M.	
9 KPUA 9 KGMB	Hilo Honolulu	Saturday Friday	3:30 P.M. 10:30 P.M.	
3 KMAU	Wailuku	Friday	10.30 P.M	
9 KPUA	Hilo	Friday	10:30 P.M.	
13 KIKU	Honolulu	Saturday	5:00 P.M.	
ILLINOIS 44 WSNS	Chicago	Sunday	12:00 P.M.	
44 WSNS	Chicago	Tuesday	10.00 P.M.	
44 WSNS	Chicago	Friday	10:00 P.M.	
26 WCIU	Chicago	Saturday	4:00 P.M.	
26 WCIU	Chicago	Sunday	11:00 A M	
26 WCIU 13 WREX	Chicago Rockford	Sunday	1:00 P.M. 11:00 A.M.	
8 WOAD	Moline	Sunday Saturday	5:30 P.M.	
10 WGEM	Quincy	Sunday	1.00 P.M.	
8 WOAD	Moline	Sunday	11:30 P.M.	
3 WSIL 25 WEEK	Harrisburg Peoria	Saturday	12:00 NOON	
3 WICA	Champain	Saturday	4:30 P.M.	
3 WCIA	Bloomington	Saturday	3:00 P.M.	
INDIANA	Evanguille			
7 WTVW	Evansville	Saturday	3:00 P.M.	

28 WSJV	South Bend	Saturday	2:00 P.M.
4 WTTV	Indianapolis	Saturday	12:45 P.M.
8 WISH	Indianapolis Fort Wayne	Friday	1:00 A.M.
21 WPTA	Fort wayne	Saturday	2:00 P.M.
13 WHO	Des Moines	Canadan	12.00 0 14
13 WHO	Des Moines	Saturday Saturday	12:00 P.M. 12:00 P.M.
7 KWWL	Waterloo	Saturday	4.30 P.M.
3 KYVO	Ottumwa	Sunday	2:00 P.M.
13 WHO	Des Moines	Sunday	11:00 P.M.
4 KTVI	Sioux City	Saturday	10:30 P.M.
KANSAS			
41 KBMA	Kansas City	Saturday	2:00 P.M.
41 KBMA	Kansas City	Tuesday	6:00 P.M.
7 KOAM	Pittsburgh	Saturday	1:00 P.M.
KENTUCKY			
32 WLKY	Louisville	Sunday	4:00 P.M.
13 WBKO	Bowling Green	Saturday	3:00 P.M.
13 WBKO 29 WDXR	Bowling Green Paducah	Sunday	5:00 P.M.
41 WDRB	Louisville	Saturday Sunday	10:30 P.M. 3:30 P.M.
LOUISIANA	Louisville	Sunday	3.30 F.IVI.
10 KTVE	El Dorado	Saturday	4:00 P.M.
3KTBS	Shreveport	Saturday	
8 WVUE	New Orleans	Sunday	1:30 P.M. 9:30 A.M.
10 KLFY	Monroe	Saturday	3:00 P.M.
26 WWOM	New Orleans	Saturday	9:30 P.M.
9 WAFB	Baton Rouge	Sunday	9:30 A.M.
5 KALB	Alexandria	Saturday	12:00 P.M.
3 KTBS	Shreveport	Sunday	9:30 A.M.
10 KLFY	Lafayette	Sunday	9:30 A.M.
6WDSU	New Orleans	Sunday	9:30 A.M.
26WGNO	New Orleans	Sunday	9:30 A.M.
	New Orleans	Sulluay	9:30 A.M.
MAINE	Portland	Saturday	1.00 P.M.
13 WGAN 5 WABI	Portland Bangor	Saturday Saturday	11:15 P.M.
MARYLAND	Dangoi	Jaturuay	11.131.14
45 WBFF	Baltimore	Saturday	4:00 P.M.
25 WHAG	Hagerstown	Sunday	2:00 P.M.
MASSACHUSE			
38 WSBK	Boston	Saturday	1:00 P.M.
56 WKBG	Boston	Saturday	11:00 A.M.
27 WSMW	Worcester	Saturday	5:00 P.M.
22 WWWP	Springfield	Saturday	1:00 P.M.
MICHIGAN			
10 WLIX	Lansing	Saturday	6:00 P.M.
20 WXON	Detroit	Saturday	5:00 P.M.
20 WXON	Detroit	Thursday	8:00 P.M.
10 WILX	Jackson	Saturday	5:30 P.M.
25 WEYI	Saginaw	Saturday	5:30 P.M.
41 WUHQ	Battle Creek	Saturday.	2:00 P.M.
9 WWTV	Cadillac	Saturday	4:00 P.M.
10 WWUP	Cadillac	Saturday	4:00 P.M.
50 WKBD	Detroit	Saturday	11:00 A.M
62 WKBD MINNESOTA	Detroit	Friday	8:00 P.M.
11 WTCN	Minneapolis	Saturday	6:00 P.M.
3 KDAL	Duluth	Saturday	5:00 P.M.
11 WTCN	Minneapolis	Sunday	11:30 A.M.
MISSISSIPPI			
4 WCBI	Columbus	Saturday	11:00 P.M.
13 WLOX	Biloxi	Saturday	10:30 P.M.
12 WJTV	Jackson	Saturday	3:00 P.M.
6 WABG	Greenwood	Saturday	5:30 P.M.
7 WDAM	Hattiesburg	Saturday	4:00 P.M.
9 WTWV	Tupelo	Saturday	11:40 P.M.
MISSOURI		W. D. S. Day A.	1 10 10 10
2 KQTV	St. Joseph	Saturday	10:30 P.M.
11 KPLR	St. Louis	Saturday	12:00 A.M.
11 KPLR	St. Louis	Sunday	11:00 A.M.
3 KYTV	Springfield	Sunday	11:00 P.M. 2:00 P.M.
8 KOMU	Columbia	Saturday	
8 KOMU 30 KDNL	Columbia St. Louis	Saturday Saturday	11:55 P.M. 5:00 P.M.
MONTANA	Ot. Louis	Saturday	J.00 F.IVI.
	Miles City	Enidon	10.000
3 KYUS NEBRASKA	Miles City	Friday	9:00 P.M.
13 KHOL	Kearney	Caturday	9:30 P.M.
3 KMTV	Omaha	Saturday Saturday	1:00 P.M.
NEVADA		1	
5 KHBV	Henderson	Saturday	5:30 P.M.
		Colorady	300
NEW HAMPSHI		Eridan	7.00 044
9 WMUR	Manchester	Friday	7:00 P.M.
32 WRLP	Keene	Saturday	1:00 P.M.
NEW JERSEY		THE PARTY OF THE P	
41 WXTV	Paterson	Wednesday	8:00 P.M.
47 WNJU	Newark	Tuesday	10:30 P.M.
41 WXTV	Paterson	Wednesday	7:30 P.M.
47 WNJU	Newark	Saturday	7:00 P.M.
NEW MEXICO			
8 KSWS	Roswell	Saturday	12:00 P.M.
10 KBIM	Roswell	Saturday	10:30 P.M.
7 KOAT	Albuquerque	Sunday	12:00 P.M.
NEW YORK			
36 WENY	Elmira	Saturday	10:30 P.M.

20WVTR	Utica	Saturday	12:45 P.M.		11 KTVT	Fort Worth	Saturday	10:00 P.M.
6WRGB	Schenectady	Sunday	11:00 A.M.		8 KGNS	Laredo	Saturday	10:15 P.M.
2 WKTV	Utica	Sunday	2:00 P.M.		3 KIII	Corpus Christi	Saturday	10:30 P.M.
34 WBJA	Binghamton	Sunday	2:00 P.M.		41 KWEX	San Antonio	Friday	9:00 P.M.
29 WUTV	Buffalo	Sunday	1:00 P.M.		39 KHTV	Houston	Sunday	9:30 A.M.
2WG-R	Buffalo	Saturday	1:00 P.M.		12 KSAT	San Antonio	Saturday	10:30 P.M.
8WROC	Rochester	Saturday	1:00 P.M.		VERMONT			
47 CATV	New York City	Tuesday	11:00 P.M.		22 WWLP	Rutland	Saturday	1:00 P.M.
41 CATV	New York City	Wednesday	7:30 P.M.		3 WCAX	Burlington	Saturday	3:00 P.M.
47 CATV	New York City	Saturday	7:30 P.M.		32 WRLD	Brattleboro	Saturday	1:00 P.M.
47 CATV	New York City	Wesnesday	8.30 P.M.		VIRGINIA			
47 CATV	New York City	Saturday	6.30 P.M.		6 WTVR	Richmond	Saturday	5:00 P.M.
47 WNJU	New York	Tuesday	10:30 P.M.		10 WAVY	Norfolk	Saturday	4:00 P.M.
NORTH CAROL	INA				10 WSLS	Roanoke	Saturday	12:30 PM.
28 WRDU	Durham	Saturday	4:00 P.M.		WASHINGTON			
8 WGHP	High Point	Sunday	5:30 P.M.		6 KHQ	Spokane	Sunday	4:30 P.M.
36 WRET	Charlotte	Saturday	6:30 P.M.		2 KYAK	Yakima	Saturday	5:00 P.M.
5WRAL	Raleigh	Saturday	11:25 P.M.		13 KTVW	Seattle-Tacoma	Monday	9:00 P.M.
3 WBTV	Charlotte	Saturday	4:00 P.M.		13 KTVW	Seattle-Tacoma	Saturday	5:00 P.M.
3 WBTV	Charlotte	Saturday	8:30 P.M.		WEST VIRGINIA		Consideration	FOODM
. 4	Ashville	Saturday	12:30 P.M.		8 WCHS	Charleston Parkersburg	Saturday Saturday	5:00 P.M. 11:00 P.M.
NORTH DAKO	TA				15 WTAP 4 WOAY	Oak Hill	Saturday	10:30 P.M.
12 KCND	Pembina	Saturday	8:00 P.M.		6 WHIS	Bluefield	Saturday	3:00 P.M.
12 KCND	Pembina	Friday	5:00 P.M.		13 WHTN	Huntington	Tuesday	11:30 P.M.
4 KXJB	Fargo	Saturday	10:30 P.M.		WISCONSIN	Training to I	140044	
11 KXMD	Williston	Saturday	10:30 P.M.		18 WVTV	Milwaukee	Saturday	5:00 P.M.
12 KXMB	Bismarck	Saturday	10:30 P.M.		11 WLUK	Green Bay	Saturday	10:30 P.M.
13 KXMC	Minot	Saturday	10:30 P.M.		18 WVTV	Milwaukee	Sunday	11:00 A.M.
11KTHI	fargo	Sunday	11.00 AM		ALBERTA	BATTER TO STATE		
OHIO					3 CFRN	Edmonton	Saturday	1:30 P.M.
12 WKRC	Cincinnati	Sunday	2:00 P.M.		6 CHAT	Medicine Hat	Monday	10:40 P.M.
19 WXIC	Cincinnati	Saturday	3:00 P.M.		2 CFAC	Calgary	Monday	1:10 P.M.
23 WAKR	Akron	Saturday	2:30 P.M.		7 CJOC	Lethbridge	Monday	12:45 P.M.
61 WKBF	Cleveland	Saturday	6:00 P.M.		4 CFCN	Calgary	Monday	11:40 P.M. 11:40 P.M.
43 WUAB	Cleveland	Saturday	7:00 P.M.		13 CFCN	Lethbridge	Monday	11:40 P.M.
17 WJAN 17 WJAN	Canton Canton	Tuesday Saturday	7:00 P.M. 5:00 P.M.		2 CKSA	Lloydminster	Wednesday	3.00 P.M.
35 WLIO	Lima	Saturday	4:00 P.M.		7 CJOC	Lethbridge	Saturday	3.001.11
22 WKEF	Dayton	Sunday	12:00 P.M.		6 CHEK	Victoria	Saturday	11.00 A.M.
24 WDHO	Toledo	Saturday	2:30 A.M.		8 CHAN	Vancouver	Saturday	6:00 P.M.
26WSWO	Springfield	Sunday	5:30 P.M.		8 CHAN	Vancouver	Sunday	11:20 P.M.
23 WAKR	Akron	Sunday	3:00 P.M.		MANITOBA	701100010		
2 WFCO	Mansfield	Saturday	3:30 P.M.		7 CJAY	Winnipeg	Saturday	1:00 P.M.
24 WDHO	Toledo	Saturday	2:30 P.M.		12	Winnipeg	Friday	
OKLAHOMA					NOVA SCOTIA			
6 KOTV	Tulsa	Saturday	3:00 P.M.		5 CJCH	Halifax	Saturday	1:30 P.M.
8 KFDO	Sayre	Saturday	4:00 P.M.		5 CJCH	Halifax	Saturday	11:00 P.M.
4WKY	Oklahoma City	Saturday	3:00 P.M.		ONTARIO			5.00 BM
OREGON 12 KPTV	Portland	Saturday	8:30 P.M.		9 CKLW	Windsor	Saturday	5:00 P.M. 1:00 P.M.
6 KOIN	Portland	Friday.	11:30 P.M.		11 CHCH	Hamilton	Saturday Saturday	9:30 P.M.
3 KVDO	Saley	Thursday	X8.00 PM		11 CHCH	Hamilton Kitchner	Saturday	10:00 P.M.
PENNSYLVAN		Illuisuay	AO.UU FIVI		13 CKCO 8 CJOH	Ottawa	Saturday	6:00 P.M.
		Catalana	3:00 P.M.		13 CJOH	Cornwall	Saturday	6.00 P.M.
19 WJNL	Johnstown	Saturday			3 CKUR	Barrie	Saturday	12:30 P.M.
29 WFAF	Philadelphia	Wednesday Saturday	12:00 A.M. 9:30 A.M.		9 CFTO	Toronto	Saturday	2:30 P.M.
48 WKBS 22 WDAU	Philadelphia Scranton	Saturday	5:30 P.M.		OCHOV	Pembrooke	Saturday	
21 WHIP	Harrisburg	Saturday	4:30 P.M.		2	Toronto	Saturday	3:00 P.M.
29 WTAF	Philadelphia	Wednesday	11:30 P.M.		6 CFCL	Timmins	Saturday	1:00 P.M.
11 WIIC	Pittsburgh	Saturday	1:00 P.M.		4 CHNB	North Bay	Saturday	1:00 P.M. 1:00 P.M.
24 WJEI	Erie	Saturday	10:00 P.M.		9 CKNC 29 CFTO	Sudbury Toronto	Saturday Saturday	1.00 P.M.
17 WPHL	Philadelphia	Saturday	6:00 P.M.				Saturday	4:30 P.M.
RHODEISLAN					79 CITY	Toronto		5:30 P.M.
12 WPRI	Providence	Saturday	1:00 P.M.	1	79 CITY	Toronto	Saturday	
SOUTH CARO 4 WFBC	Greenville	Control	1:00 P.M.		3	Toronto	Saturday	1 00 P.M. 3 30 P.M.
19 WNOK	Columbia	Saturday Saturday	2:00 P.M.		9	Toronto	Saturday	12:00 P.M.
5 WCSC	Charleston	Saturday	3:00 P.M.		6СЛОН	Deseronto	Sunday	
13 WBTW	Florence	Saturday	4:00 P.M.		2	Toronto	Saturday	3:00 P.M.
25 WOLO	Columbia	Saturday	11:15 P.M.		SASKATCHEN		Saturday	12:00 P.M.
SOUTH DAKO					5 CKBI	Prince Albert	Saturday	12:00 P.M.
11 KELO	Sioux Falls	Saturday	12:00 P.M.		8 CFQC 5 CJFB	Saskatoon Swift Current	Tuesday	6:30 P.M.
6 KPLO	Reliance	Saturday	12:00 P.M.		QUEBEC	Swift Current	Tuesday	0.00
3 KDLO	Garden City	Saturday	12:00 P.M.		12 CFCF	Montreal	Saturday	2:30 P.M.
TENNESSEE		0.4	10.20 0 14		7 CHLT	Sherbrooke	Sunday	11:00 A.M.
8 WSIX	Nashville	Saturday	10:30 P.M. 5:00 P.M.		4 CFCM	Quebec City	Saturday	4:00 P.M.
12 WDEF	Chattanooga	Saturday Saturday	2:30 P.M.		3 CJBR	Rimouski	Saturday	5:00 P.M.
19 WKPT 26 WTVK	Kingsport Knoxville	Saturday	6:30 P.M.		9 CKBL	Matane	Saturday	5:00 P.M.
13 WHBQ	Memphis	Saturday	2:30 P.M.		12 CKRS	Jonquiere	Saturday	6:30 P.M.
13 WHBQ	Memphis	Saturday	2:30 P.M.		4 CKRN	Rouyn	Saturday	5:00 P.M.
7 WBBJ	Jackson	Saturday	10:20 P.M.		2 CHAU	Carleton	Saturday	5:00 P.M.
61 WAIP	Chattanooga				10 CFTM	Montreal	Saturday Monday	6:30 P.M. 11:00 P.M.
TEXAS					6 CJPM	Chicoutimi Riviere Du Loup	Saturday	5:00 P.M.
4 KROD	El Paso	Saturday	4:00 P.M.		7 CKRT 4 CKRN	Rouyn-Noranda	Saturday	4:00 P.M.
6 KAUZ	Wichita Falls	Friday	10:30 P.M.		13 CKTM	Three Rivers	Saturday	7:00 P.M.
7 KOSA	Midland	Saturday	1:00 P.M.		5 CKMI	Quebec City	Wednesday	5:30 P.M.
13 KLBK	Lubbock	Saturday	2:00 P.M.		9 Cable	Montreal	Wednesday	7:30 P.M.
3 KACB	San Angelo	Saturday	4:00 P.M.	THE RESERVE TO SERVE THE PARTY OF THE PARTY	NEW BRUNS			
10 KFDA 3 KACB	Amarillo San Angelo	Saturday	4:00 P.M.		2 CKCW	Moncton	Saturday	7:00 P.M.
34 KMXN	San Angelo Lubbock	Sunday Friday	10:30 P.M. 8:30 P.M.		9 CKCW	St. John	Saturday	4:30 P.M.
42 KHFI	Austin	Saturday	12:00 P.M.		JAPAN .			STATE OF LEE
6 KCEN	Temple	Saturday	4:00 P.M.		10 NET	Tokyo	Monday	8:00 P.M.
24 KVUE	Austin	Sunday	9:30 A.M.		6TBS	Tokyo	Sunday	6:00 P.M.
6 KFDM	Beaumont	Sunday	9:30 A.M.		12	Tokyo	Saturday	8:00 P.M.
					4 NTV	Tokyo	Saturday Friday	8:00 P.M. 8:00 P.M.
9 KRBC	Abilene	Saturday	4:00 P.M.		10 NET	Tokyo	illudy	0.001.1112



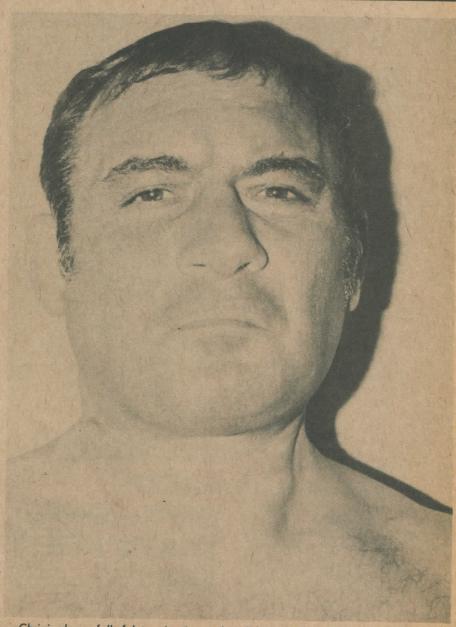
# CHRIS TOLOS' APPETITE MATCHES HIS BIG MEAN STREAK IN THE RING

#### By ROBERT WHEELER

Eat Greek foods, lots of lamb, stuffed vine leaves with lemon sauce, lots of good Greek salads with feta cheese, plenty of bakalava, and stay away from pingpong or tennis because men who play that type of sport, are sissies!... Or so the belching Greek would have you believe. If I were to eat and drink what this man put away during an evening I spent with him I would weight six hundred pounds. To start with I drove by the hotel where Mr. Tolos was registered for a seven o'clock rendez vous.

I had called his room at ten that morning only to be told that Mr. Tolos was doing roadwork, and would then be in the gymnasium until two o'clock, but, I was told, "call before two thirty because Mr. Tolos would be napping until five". I finally reached Chris and was told" be in front of the hotel at seven and I will talk to you on the way to the arena, you do have a car don't you?" Sure enough Chris Tolos was waiting in front of the hotel, dressed as always with a black tie and white shirt.

A very devoted man to his parents, the black tie is in memory of his late father. It was going to be a twenty to thirty minute drive to the arena and I figured with a little luck I might get most of the facts before we reached our destination. Born in Hamilton, Ontario, Canada. of Greek parents, Chris and brother John (the other half of the famous Tolos Brothers) were brought up in an atmosphere of sports and condi-



Chris is always full of determination and confident of victory when starting a match.

#### PATTERNED CAREER AFTER **MEANIES LIKE** WILD BILL LONGSON

tioning, as their father excelled in soccer and bicycle racing and although he was not familiar with the North American sports, football, basketball, and hockey he was a great wrestler and initiated his boys into the moves of

the mat at an early age.

During his high school days Chris played at all sports he relates except one, ping-pong, or table tennis, or for that matter tennis period." Men who play these games should wear dresses, for they are sissies. I asked him about the Bobby Riggs-Ms. King tennis game and his comment was "there is a good example". Chris went on to McMaster University where he continued with all sports in general and wrestling in particular. A stickler for conditioning he would spend four to five hours a day working out. It was just after graduation that the professional wrestling bug hit Chris, and you couldn't keep him from the are-

His heroes were the likes of Wee Willie Davis, Wild Bill Longson, Hans Hermann, and Dirty Dick Raines, so it is evident that Mr. Tolos was attracted to the seamy and sordid side of the wrestling personal. With a good amateur back ground it wasn't too difficult to get a match and a local promoter put him to work immediately. "Anyone who believes wrestling is a breeze should try it, because my first year was a hell, I was a punching bag for every oppo-

Then I remembered my father telling me that when I start something to finish it. So I became a little meaner and a little dirtier and as the days went by I was winning more often, and today I am a star". Obviously modesty was not one of Mr. Tolos' virtues and as we neared the arena I made plans to see Chris and finish our interview when he would be through. There

was a large crowd and Chris smiled, it would mean more money for him as the main event, a sell out house is worth a few pennies. "Soon as I get finished with this bum I'll shower and let you take me to a good Greek restau-

rant for a small bite".

To see Chris Tolos go through his antics before the match starts, is worth the price of admission. He runs down the aisle at full gallop jumps over the top rope, runs around the inside of the ring, and starts doing calisthenics. Now this would be enough to wear the average wrestler down, but Chris is just starting. As the match gets under way he wears his opponents down by darting from one corner to another, then over the ropes, around the ring, back up on the apron until he can sense the moment to strike, like a cat, he pounces on his adversary for the kill and then to the microphone screaming and yelling, that he "wants more competition", and if there is a crowd reaction he goes berserk, jumps up and down and keeps screaming and yelling. And that's when he wins!

As colorful as Chris Tolos is, I was releaved when it was all over. I waited for him to shower and dress and when he didn't ap-

"PLAYED **ALL SPORTS EXCEPT** PING-PONG, **THAT'S FOR** SISSIES"

- TOLOS

pear after thirty minutes, I knocked on the dressing room door. There wasn't any answer so I opened the door and peeked in, everyone was gone except a body on a rubdown table doing

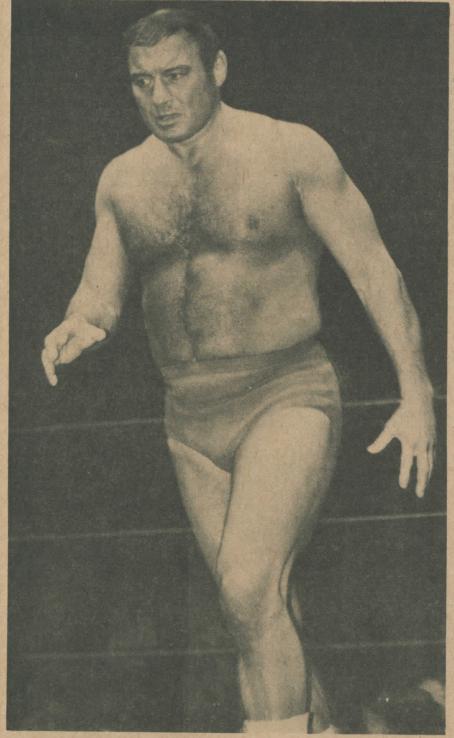
leg raises.

It was Tolos! I later found out that regardless of the length of the match, Chris works out for half an hour when he returns to the dressing room. We finally left a darkened arena and, headed for my heap. "Kid, lets go eat!", "Where to?" "To a good Greek restaurant!" It was a short twenty minutes and we were sitting in a restaurant with murals of the acropolis, the parthenon, Greek Gods, and Greek ruins. Chris was greeted by the restaurant personnel as if he was paymaster for Ari Onassis.

"We will start with a large Greek salad, a couple of bowls of yohorti (yougart), a mixed plater, some stuffed vine leaves in lemon sauce, some lamb with fried egg plant, and give my friend the same." I tired to explain that I couldn't eat what he ordered, but he laughed: "What you don't eat I will". My next question was about the cost of all this food. I didn't eat much although the food was excellent. but Tolos, he continued to shovel everything down followed with big mouth fulls of beer. While my gourmet friend was eating himself into a gourmand, he revealed that he lives at home with his mother, as girls just want mon-

A firm believer in the stock market, he said that all of his stocks are bullish, and today from wise investments he is a very wealthy man. "Kid, I have wrestled all over the world and I have this advice to youngsters. Keep in shape, run a lot, about ten miles a day, get a good education, don't smoke, eat lots of good Greek food and don't play ping pong, only sissies play ping

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Look out here comes the Ungentle Greek and it is obvious Tolos is ready for some high powered action.

### THOUGH A GOURMET, CHRIS CITES FITNESS, **EDUCATION KEY ASSETS**

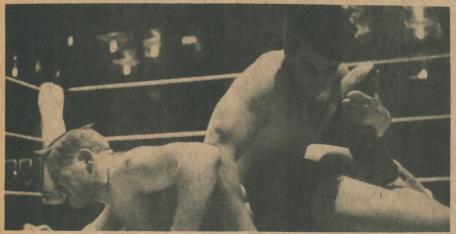






# MAT NEWS

By EVAN R. TREHARNE



Wayne Bridges puts on pressure and Wayne Bridges winces.

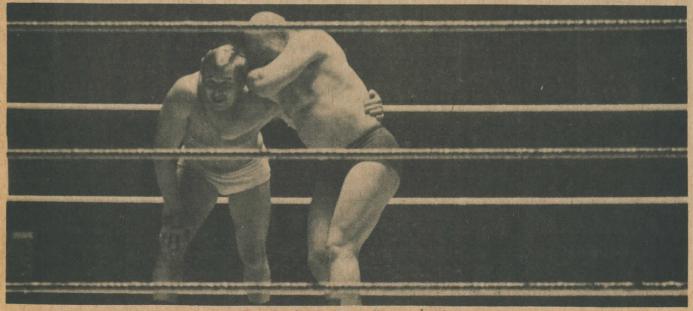
Wayne Bridges, the handsome young heavyweight at 6'1" and 225 lb., tells us he is pleased to be home once again after his tour of Japan. Wayne appeared on the TV. recently against the evergreen Mid-heavyweight champion Mike Marino. The bout was both sporting and interesting with both men giving of their best

to delight the wrestling fans. Bridges gained a neat pinfall in the second session, but Marino equalized early in the third round. A great battle continued until the sixth and last round, when Marino used a flying tackle to take Bridges to the canvas and gain the winning fall.

Bad man of wrestling, Abe

Ginsburg, said to me on my entering the dressing rooms, "Long time no see!", as he prepared for action against Les Kellett. Lacing up his new wrestling boots, he pointed out to me the built up heels and thick soles. "There's nothing in the rules to say I can't wear them", said Abe. However, his opponent Les Kellett had everything to say about them, and threatened he would report the matter to the British wrestling Board of Control. This didn't disturb Abe in the least, and I'm sure he must have broken every possible rule during the bout, until he was finally disqualified.

Vic Faulkner, the British welterweight champion, tangled with Bill Ross of Scotland. What a bout! Fast, clever, with Vic smiling throughout the contest. Spectacular throws, cartwheels, leg-stretches-you name it they did it. A genuine crowd pleasing affair. Little wonder both these wrestlers are pupular wherever they appear through-



Johnny Czeslaw is about to flip Steve Veidor.

# 

Killer Ken Davies is the Welsh Welter champion.

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A good looking newcomer to wrestling in Sid Askin, of Barnsley, all 196 lb. of him went in against the much lighter but vastly experienced Steve Logan, 'The Iron Man of the South'. Askin gave Logan plenty of headaches throughout the match, and one irate lady attacked Logan with her umbrella in an effort to assist Askin, when he was hard pressed. Logan got the first fall, but with use of a headbutt, body slam and then a pinfall, Askin equalized in round 'Five'.

In the sixth and last round, Askin attempted a double-boston, but Logan escaped to switch the tables and get the winning

European lightweight champion Tony Cortez, met Welsh welterweight champion. Ken Davies in an eight rounds catchmatched the speed of the 'Borg Twins', and that speaks volumes to any British wrestling fan. 'The Borg Twins' were victorious but only after a tremendous struggle.

The great coloured wrestler, Johnny Kwango, is now out of hospital following a knee operation. Johnny says he just can't wait to get back into action quickly enough. Get well soon Johnny!

British heavyweight champion at 240 lb. had too much weight advantage over British Midheavy champion Mike Marino at 210 lb. Even a man of Marino's great skill and experience cannot give away so much weight to Albert 'Rocky' Wall. Tempers frayed as the bout wore on, and Wall received a public warning before winning the match by the



The infamous Black Diamonds tag team features, Eric Cutler on the left and captain Abe Ginsberg.

weight contest. RINGSPORT PROMOTIONS secured the bout to top an attractive wrestling bill. The bout certainly lived up to its billing. In the seventh session, the Welsh champion gained the winning fall to win by two falls to one. From start to finish the battle raged, with the lighter man giving a terrific account of himself. His extra speed tested Davies severely, but the Welshman's extra weight and strength steadily wore down Tony Cortez.

Just before 'The Borg Twins' went into a tag match against 'The Cockney Kids', they told me, "Watch out for our opponents tonight-they are really good!" True to their word, 'The Cockney Kids' made up of Peter Kelly and Tony Skarlo, almost

only fall required. Wall used every ounce of his extra weight, and many of his moves were indeed dubious to say the least. In fact, to have to resort to such tactics, despite his every advantage in height, weight and youth, we think Walls was very much in luck to win this bout.

Wrestling on the whole isn't having too good of a time here in this country, despite some promoters trying to make out things are going well. The same faces appearing too often in the same places makes fans lose interest, Let us hope for the good of wrestling on both Joint Promotions and the Independent Circuits, new names and faces will soom be presented to the wrestling public.

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# JOHNNY POWERS JOHNNY POUND ONCE 150-POUND VVEAKLING, NOW VVEAKLING, TERROR REAL MAT TERROR

Johnny Powers hails to his many fans before starting a match.

# STUDIED GEOLOGY BUT TRUE LOVE WAS ALL SPORTS

by TODD JONES

The name of Charles Atlas is a household word and the famed ninety eight pound weakling who had sand kicked in his face, took a body building course and, voila!, a He-man is born. How many men do you know fit that description? Well, I know of one and so do you if you have ever heard of Johnny Powers

John was attending McMaster university and majoring in geology when he deceided that he could carry more than one hundred and fifty pounds on a six foot three inch frame. "It is the God's honest truth about the sand kicking, young huskies were constantly picking on me because of my size. Powers said, "I always love amateur sports, so I joined a wrestling and weight lifting class at the Y.M.C.A. and in three years put on one hundred and three pounds and gained another ired."

another inch".

Born in Hamilton, Ontario,
Johnny as a youngster was what
could be termed as a rock collecting nut, spending hours and
hours roaming the countryside,
It was natural that he should
study geology at the university.
In addition to the weight lifting
and wrestling, John joined the
university rowing team and also
played basketball.

In his third year summer break, John was looking for some type of employment, and Jack Wentworth who was a friend of John's and also owned a gymnasium sent young Powers to Detroit to see Bert Ruby, the Detroit promoter and Michigan

impresario. One look at the impressive six foot, four youngster and Bert gave him the professional name of Lord Lansdowne because, he said, John had the statuesque look of a Lord.

Bert Ruby was a great wrestler in his time and actually the first professional wrestler to wrestle bare foot and acrobatic a la Rocca. The wrestling moves that Rocca executed were managed by Bert years before, Ruby took young John Powers under his wing and began to teach him the ways of the mat. The more he learned the more he loved wrestling and when September rolled around John stayed in Detroit and wrestled around the midwest for two years before being signed for a top main event.

"Bert told me that I was young and not to rush, that everything would come to me one day "John related" and he was right. He knew just when I would start to reach my peak."

John signed for a main event in Pittsburgh and dropped the name of Lord Lansdowne. He became an overnight sensation and to accommodate the turnaway crowd, he returned to the steel city for a stand up crowd at Forbes Field. From there it was main events all over the country, Cleveland, Buffalo, Detroit, Toronto, promoters called and wanted his services. John had made the big time. Needless to say he never returned to the University or geology, but he didn't allow his mind to.

Always an avid reader he reads non fiction, and is heavy on books that involve mind developement, with Will Durant's Book on philosophy being a favourite. John believes a lot of his

wrestling success is due to this ability to think. "I have "John confided," wrestled some talent that had me outclassed physically, but with a little thought and concentration I was able to come out the victor. I would definitively recommend all wrestlers to study, to give the mind exercise. Wrestlers are too wrapped up in developing the body when they should be developing their mind."

John has had his share of rough matches and more than his share of injuries. "Somehow" John said, "you don't remember the bad days. I believe wrestlers will go out and wrestle with injuries that would hospitalize any other athlete". A few years back John was hired by Sears department stores to represent them across Canada in a public relations capacity. John would go to a Sears store in major Canadian cities and help sell exercise equipment.

His name was stamped on the bar bells and he would give a demonstration of weigh lifting and body building. This was in connection with a sports program that included such personalities as Bobby Hull, the all star hockey player. John looks back on these years as an enjoyable

BERT RUBY
GAVE
COLLEGIAN
PRO
START IN
DETROIT

# MARRIED, JOHNNY WIFE, SON LIVE IN WESTERN N.Y.

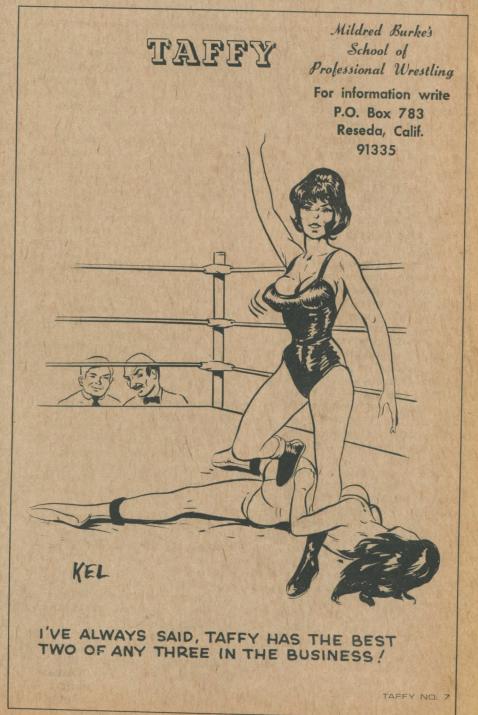
experience. A real health nut, he eats high protein only and says away from carbohydrates, his favourite food being a mixture of carrots and apples put in a blender and mixed. "The taste is terrific, try it some time" he said.

When it comes to music he

loves funky rock, jazz, and organ. Married with one son, John makes his home in western New York state where he hopes to become involved with real estate and would like to take a broker's license. Holder of the North American title he recently brought his championship to Japan to defend against the Giant Baba. "The pro wrestling Assn. of Japan issued a challenge to me and also a very lucrative contract with a stipulation that should I lose the title, I would have two chances at getting it back.

"The attendance was such a success that I am going back again in a couple of months to defend it once again. Needless to say I still have the belt as we wrestled to a sixty minute draw. The average Japanese wrestler has improved one thousand per cent and you have to make sure you are in top condition to go there and just take on anyone. But I like Japan and always enjoy myself". Win lose or draw Powers is the kind of fellow who will always be a success.





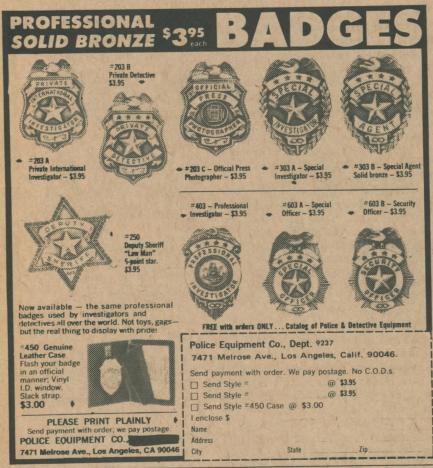


# WITH A MONICKER LIKE GULAM QUADER, THE PANTHER OF INDIA SOUNDS BETTER

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# WAS CONSIDERED VIRTUALLY ON PAR WITH GREAT GAMMA

by: Balbir Singh Kanwal

In the long history of Indian wrestling, the name of Gulam Qader alias Kala Pahelwan, shall always be remembered with awe and respect and as a wrestler who accomplished what the Great Gama could not during his whole, eventful life!

Throughout his long, chequered career, the legendary Gama had tried every nerve to pin Rahim Sultaniwala, but could never subdue him in any way. If he ever did, it was in their fourth and last encounter and that, too, technically, as one of the wounds of Rahim which had occured at his left rib during his training for the fight, had festered.

But here was the wrestler who could defeat Rahim whenever he liked. As his complexion was as black as the base of a frying pan, he was known as Kala or Kalia in the wrestling fraternity.

Born in 1875 in an ancient town of Jalalpur Jattan, in the District of Gujrat, he studied wrestling first under his father, the

famous Piran Ditta Pahelwan and later on was entrusted to the fabled Pt. Kushalia Nand. He grew up with the game and was then sent to Ustad Qader Bux, who had his wrestling pit at Karondol, a princely State near Kohlapur. Though this great wrestler gave him whatever he could in a couple of years, yet later on he had to adopt one more mentor in the person of Aappana Pahelwan, a hefty fighter of the last century.

Now his study of the science of wrestling being complete, he looked for new fields and horizons to conquer. He returned to his home town, made his debut and defeated a local wrestler Karam Dad Bakriwala within a matter of minutes. His next victory over Karim Bux, a fearsome fighter, brought him to the limelight and established him as a super wrestler throughout the vast sub-Continent. This particular victory over the Sialkot grappler earned him the right to fight the seasoned Rahim Sultaniwala - an arch rival of Gama, who stood in his way like a formidable rock for about 15 years. That historic battle took place in Lahore, and to the surprise of everyone, Kala pinned him fairly and squarely, thus causing a major upset in the annals of Indian wrestling.

From that day onwards, his respect grew all over the country especially in the hearts of Gama family, who almost adored him. "We are out upon your wrestling style", they used to say. And whenever he visited Lahore for any wrestling tournaments, both

brothers i.e. Gama and Imam Bux would spread hessian mats for him as a gesture of respect and acknowledgement to his great wrestling skill.

It may be recalled that after his sensational victory over Rahim, he issued a challenge to Gama, which was published in some papers, including the Siasat newspaper, but was ignored.

Beside Rahim, he beat Hassan Bux Multani at Junagarh after a hectic struggle lasting 45 minutes. It may be remembered about the Multan man that he had faced Gama many a time and was a formidable rival of Imam Bux, his younger brother. Those other vanquished were: Caliph Ghora (Horse) Pahelwan, Rajab, Naurang Khan (at Quetta) Dhakkar Singh, Mhanda Bola Gujrati, Agha Delhiwala, Mhanna and Natha Changher. It is said that once he faced Partap Singh as well, but the result was not clear. Some opine that the verdict was given in his favour. Gama Yekka, about whose' 'Puthi' it was said that over that throw he could topple over even an elephant or a little hillock, also met Kala, but the pair were parted off with equal honours. He also shared equal honours with Khalifa Gulam Mohiud Din - The Sun of India.

This classic wrestler remained most of the part of his life in the employ of Maharaja of Indore. There he enjoyed many privileges and trained pupils like Gulam Nabi, Khalil, Mian Gama and Sardar Pahelwan in his Ranipura Akhara in the city. After the death of that great con-

# SCIENTIFIC STYLE WAS KEYNOTE FOR INDIAN MAT STAR



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P.O. Box 38555 Hollywood, Calif., 90038 noisseur and an ardent devotee of wrestling, he left his stable and joined the State of Junagarh as a court wrestler. Soon after the Nawab died, he left that State, too, and came to Prof. Rama Murti. In 1911, when the great Rama visited Europe for a wrestling expedition, Kala was one of the important wrestlers which comprised his troupe. He challenged Yousiff, the Bulgarian Wonder and Mahmout, the Terrible Turk for a side-wager, but alas! no match could come of it . After the latter, it may be recalled that in 1910, he accepted the challenge of Gama, but only when the great Indian had left the shores, of England.

Some people say that in America, he was defeated by Zbysko, which is quite a false story. In fact, Zibby was matched with Kala Pertapa, and not Kala Jalapur. The truth is that while in Europe, he could find very little work here.

In 1920, when he defeated a great wrestler at Calcutta, the Gymkhana of the city awarded him with a cash prize of Rs. 1,000. In 1936, he had the distinction of beating the clever Kraemer of Germany. Before the event, a local poet Manjar, anticipating his victory, wrote a poem on him.

His fight with the famous Goonga Pahelwan which was held at Wazirabad, too, had an interesting aspect; when Goonga felled his opponent, he was jubilant, never knowing that in this lies shrouded his sure defeat as after lying in the same position, Kala used to apply Karanga — a type of side chancery - his trade-mark - a hold which could undo any of the wrestlers in India. But Goonga's father, who was cognisant of this fact, came to his rescue and pointed out to his son to run away and thus save himself from this precarious position. Wisdom prevailed, Goonga unlocked forthwith, and

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# STORY QUADER LOST TO ZBYSCKO IN AMERICA FALSE

ran away from the arena, thus averting a great doom. He did no mistake in saving himself from the ignomity of a prostrate, beaten giant. But that aroused the ire of Kalloo, who rebulked Kala for letting go his rival like that when he was on his sure path of victory. That was perhaps his last serious, public engagement.

In his whole career, he was defeated by Imam Bux, but only after a hectic struggle of one full hour. Mhani Reniwala also pinned him but that defeat should not be taken too seriously as the Pahelwan had been ailing for two long months before the clash.

Inspite of these reverses, Kala's place in India's wrestling history is quite secure as he accomplished unbelieveable and something that one of the greatest wrestlers of all times could

Ahmed Bux Bhukiwala and Thela of Lahore were his chief pupils who later on earned a great renown. It was Thela Pahelwan, who during his tour of England, challenged any mid-dleweight wrestler of the world with 100 pounds a-side each. Beside Umar Din Urf Sain Pahelwan Tam Tam Wala, his nephew Allah Bux, brother of Qamar Din, Fateh Din Bhukiwala and Shida of Lohari Darbaza were his pupils, who in their own right, were all great wrestlers.

His daily training included 1500 dips and 2000 squats and a race of three miles. His pit which was just near the Mazar of Shah Wali (Mohalla Jolahi), he would also dig it up daily, as a measure of toughening up his back and waist. In his heyday, he weighed about 212 pounds and because of his speed and strength, was known as an 'Indian Panther'

He had two wrestler sons: Gulam Mohd. and Mohd. Akbar. It may be recalled that, the former once defeated the famous Goga Pahelwan, the brother of Bholu, at his native town Jalalpur. It is pity that now both of them have left wrestling for good and carry on some other trades.

Kala, the great fighter, led a very pious life throughout but death, the great leveller, does not make any distinction between the good and the bad-doers. It was in 1940 that he died in Hyderabad Deccan, South India. The whole nation wailed his loss!





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### ORDON'S GRAPPLIN' GEMS



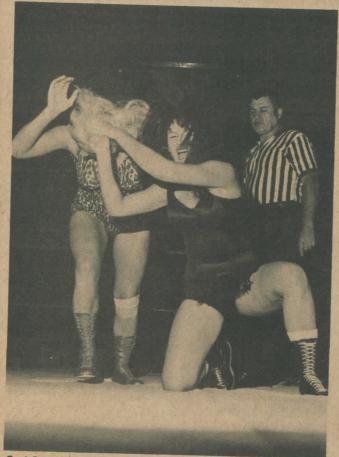
Buck Forrest, popular young mat star from Greer, S.C. signs autographs for fans at Spartenburg, S.C.



Toni Rose (dark hair) vs Penny Banner.



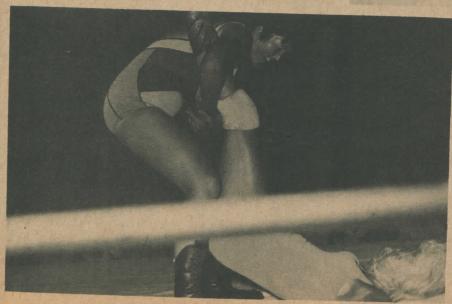
Peggy Patterson throws Penny Banner into the ropes. Banner comes back to win match at Charlotte, N.C.



Toni Rose (dark hair) vs Penny Bonner (action at Charlotte, N.C.)



The Royal Kangaroos: Lord Jonathan Boyd (left) and Norman Fredrick Charles III.



Belle Starr (standing) vs Penny Banner Winner: Banner, Place: Charlotte, N.C.

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#### ORDON'S GRAPPLIN'GEMS





Toni Rose (standing) vs Penny Banner.

Penny Banner (standing) vs Belle Starr action at Charlotte, N.C.



Popular girl star, Joyce Grable, posed with Buck Forrest, popular young wrestler from Greer, S.C.



This Texas born girl is one of the top notchers among the female grapplers today.

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# gossipin' to a finish

Portland, Salem and Eugene, Oregon have some very big names and some top notch preliminary Wrestlers. These are just a few preliminary stars: Al Madril, Ray Glem, Manuel Cruz, Mickey Doyle, Tony Borne, Rocky Montero, Sandy Barr, and Greg Valentine. The main eventers: Jimmy Snuka, Apache Bill Ramos, Dutch Savage, and King Ripper Collins. Portland has been the scene of several big matches. One being a world championship match between former N.W.A. Champion Harley Race and Stan "The Crusher" Stasiak, Stan had the match well in hand for the major part of the bout. Race took the first fall. Stasiak took the second with three solid heart punches. The third and final fall saw both men slugging it out. After the time limit, Race was declared win-

# Wrestling MONTHLY

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"Killer" Kowalski relaxing in beautiful downtown Nashville.

ner. Other wrestlers who have been here and Stan "The big K" Kowalski former N.W.A. Champ Dory Funk Jr., The Royal Kangaroos, Terry Funk, Paul Demarco and Lars Anderson. Portland was the scene of one of the bloodiest matches around. It was a "cage" match between Ripper Collins and Dutch Savage. Savage bloodied Ripper by smashing his face against the cage again and again. Savage emerged victorious. Savage was said to have used brass knuckles but to no avail. Apache Bull Ramos is the current N.W. heavyweight Champion. Ramos and "King" Ripper Collins hold the Pacific Northwest tag team title. The people of Oregon are awaiting the return of "Moondog" Wayne who is at the present on tour of Hawaii and New York.

Georgia's Ringsider has a terrific edition on Jack Brisco. The publisher had interesting comment on the N.W.A. mat king: "Oklahoma's Jack Brisco became the first man to win the world's heavyweight wrestling title in a Houston ring since 1942 when he scored a sensational three fall victory over Harley Race in Sam Houston Coliseum.

The last time the title changed hands here Bobby Managoff beat Canada's Yvon Robert in November of 1942. Before that Bronko Nagurski defeated Locis Thesz here June, 1939.

The so-called killers of the wrestling world have had, in the past, many death holds. The abdominal stretch, the sleeper, the pile-driver, the claw have been used by various grapplers. However, none can compare with Stan



Oklahoma's Jack Brisco became first man to win the world's title in a Houston ring since 1942.

"The Man" Stasiak's heart punch. It is a blow directly to the heart which renders victims unconscious and unable to pursue the match. Officials of many wrestling federations are reviewing the hold to decide for or against.

Promoter Roy Shire has been bringing in plenty of new faces to the West Coast area and he is giving newcomers a chance at the action as well. Young Pablo Cardoza is only 26 years old and already is a talented grappler. Although he hasn't been in the ring long enough to truthfully claim he's had lots of experience, Cardoza has mixed it with many of the best in the game and he's one to look for at the top of the ratings in the near future.

Kinji Shibuya is another still in the area and he's one who truthfully could claim he's had experience. The wily Japanese has held virtually every championship imaginable and still draws in the crowds.

...

Many fans have written in to this column requesting some information on the midget wrestlers. Those who have seen and enjoyed the mighty midgets in action have learned that even the little guys can wrestle. This, of course, is provided you're talking about such as Tahiti Kid, Sky Low Low, the Little Brutus and Farmer Boy Jerome. The four must be the greatest in wrestling. Sky Low Low headlines them in that he is the most experiences and is the oldest. Low Low has been on the West Coast a number of times and with each appearance he proves he's the best. Although he attempts to break every rule in the book, he is loved by all. Such is the case of the relationship between the mighty midgets and the fans. They love him and he loves them - it's that simple. Contrary to the situation between the fans even love the midgets who break the rules - such as Low Low and Brutus.

...

According to figures released by Triangle Publications, Wrestling showed the largest attendance gain of all sports with 1,529,623 new customers in 1972 for a total 5,421,637 patrons.



"Ripper" Collins moments before cage match.

#### ANOTHER FIRST FOR NICK GULAS

A coal Miners match first time in Nashville's wrestling history. Briefly the rules of this match consists of a pole tied to the ring post and A Coal Miners Glove on top of the pole (the gloves consists of metal inside the glove).

When the bell sounds both wrestlers will put all strength and, goes on trying to climb to the top of the pole and get the glove. When one of the grapplers gets the glove he will have the advantage in that he can use the glove on his opponent and can bust him open due to the metal that is in the glove. From then on we will see just who will come out victorious in this brutal and punishing match.



Matchmaker George Gulas wishes to announce Gulas-Welch N.W.A. Wrestling will move back to the Fair Grounds.

Plans are being made and negotiations are being worked out in lining up a fantastic wrestling car for next

Wednesday night.

Be sure to watch N.W.A. Championship Wrestling Sunday afternoon at 1:30 p.m. on Channel 8 to get the complete card for coming bouts.

...

Mike Duncan's view through the ropes introduces a new favorite in Nashville: Randy Curtis. Although Randy is a newcomer to this area, his background has been filled with a wrestling tradition and heritage.

Randy grew up watching his father, the heralded Jack Curtis who most area fans should remember, won countless honors and titles, which include the World light Heavyweight Championship which he held for twelve years, (a record unequaled in modern day wrestling). In the mid sixties, Jack Curtis along with brother George formed one of the most feared but respected tag teams in the country.

Randy began wrestling at an age most of us began to walk, although he didn't wrestle competitively until high school and college, where he attended Mississippi State University.

Wrestling professionally prior to his military obligations, Randy served his country as a captain in the United States Army with the Special Forces - The Green Berets - with two tours in Viet Nam to his credit. After being released from active duty in January 1969, his protour began and has carried him over thirty-four states, Japan and Korea. At one time Randy held belts in Arkansas, Louisiana, East Texas, and a Guff Coast Tag Team Championship, which he shared with Ramon Perez.

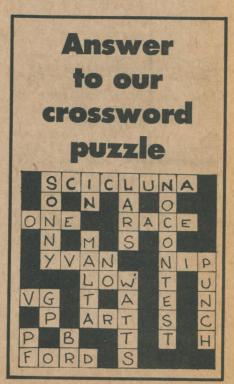


Handsome Harley Race can dish it and take even Stan Stasiak's "heart punch".

A native of North Carolina, Randy Curtis married Lynn Odon of Hamlet, North Carolina, where they both hope to someday have a cattle farm. Of Randy's many interests, he hope also to someday open a museum displaying his Civil War collection which already includes two cannons and an array of Civil War relics.

...

As for the present, Randy Curtis' main concern is wrestling. By nature he is a clean and scientific wrestler with many skills and talents. Randy sets his main goal in life to follow in the footsteps of his father, Jack, one of the greats of all time.



### WITH TUTORS LIKE ED DON GEORGE, BILLY RED LYONS HAD TO BE STAR

#### By GEORGE McCARTHER

Do you want to build a wrestler? Take some size, add muscle, a lot of balance, blend together for stamina, mold, then add courage, perseverance, determination, and a lot of heart. Let all this stand for twenty or so years and with a little luck you have Billy Red Lyons.

Born in Toronto, Canada, Billy Red was tutored by some of the best. Red Sims, John Katan, and Ed Don George all had a hand in developing this fine voung man. Red started playing sports as a youngster, loving and playing all the games in which Canadian children participate.

By the time he was ready for high school he was an excellent football and hockey player and although the school he went to did not have a wrestling team, he would go to the Y.M.C.A., and work out with the wrestlers. It was at the Y that Billy was introduced to Red Sims who took a liking to the good looking youngster and trained with him at every given opportunity.

Sims introduced Lyons to John Katan who was promoting the city of Hamilton. Katan took up where Sims left off and passed on all his wrestling knowledge to the young red headed tyro. Katan stayed on Billy to show him discipline and when he was finished brought Lyons to Buffalo, New York to meet one of the all time greats Ed Don George, who was finishing a very successful career, to take over Buffalo, Rochester, and Syracuse as a pro-

A very likable fellow, Red was accepted by Ed Don who advan-ced him in the tricks of the mat trade. When Don George was finished teaching Billy he called him to the wrestling office and told him that he was going to give him a shot at professional wrestling and although Don George had no doubts about Red he wanted to see him under fire. George had a lineup of wrestlers that he was planning to put on a wrestling card in Elmira, N.Y. "This is not an overly big town and I want to see what you can do" he told Billy, "now I have a list here of ten wrestlers and you are going to wrestle one of them. so tell me who do you think would be the easiest wrestler to take on this card".

Billy pondered a moment and pointed to one fellow he thought might be the easiest to take. "Now show me the next easiest" said Don George. Billy thought a moment and pointed to another name. "Now the next easiest Don George went on. After selecting the five easiest George made him pick the next and the next until two names remained. "Now" said Ed Don smiling, "which of these two remaining would you say is the toughest". Red looked at George, then the two remaining names and couldn't quite make up his mind, as the remaining names were two of the toughtest Billy Red knew of by reputation.

"I think" Billy said, "they are both good but this fellow I think is the better, why?" "Because" Don George said, "he is the fellow you will wrestle". Lyons couldn't believe what he had heard, thinking that he would wrestle the easiest of the lot and finding out that instead he would he tangling with the toughest.

"Dont worry" Don George assured him, "I have confidence in you and you will someday be a champion so plan on being in Elmira, next Tuesday and I'll be there to watch". From Elmira it was Binghamton, then Utica, Syracuse, Rochester, and finally the main event in Buffalo. Billy was off like a shot, and in time defeated all the talent Ed Don George could bring into the up-



per New York area.

From there it was into the Ohio, Indiana, and Michigan area and a very successful tour. Coming back to Toronto he was signed to wrestle the British Empire heavyweight champion at Toronto's Maple Leaf Gardens. Two weeks from the Thursday that he signed, he was the New British Empire champ. Now he was off on a world tour, and with something like the British Empire belt in his possession, he was able to command high fees and lucrative contracts.

Commonwealth countries were hit first as each country wanted to try their contender against the flashy Canadian. Returning to the United States Red teamed up with Tom Jones to capture the North American heavyweight tag team cham-pionship. Another of Lyons, partners was a successful red



CANADIAN'S

**SUCCESS** 

head in his own right, Red Bastien. Together they enjoyed two years of tag team wrestling at its

best and their won-lost record still stands as one of the best. Billy Red likes the atomic drop and the sleeper to finish of his appo-

nents, "Both Lyons related. For relaxation it's out to the golf

course for a few rounds. "I play

in the low seventys" he laughted, "if it gets any warmer I can't

play". This funny was followed

by loud guff-haws. For music. it's country and western stuff.

girl he now lives in New York state near his wife's home town.

Red is especially proud of his son Scott, who is fifteen and is an ex-

cellent athlete, an exceptionally

good football player and a fantastic swimmer, a la Mark Spitz.

"He has already had college

scouts looking him over and then being nice to me" Red went on, "he should have around ten or

fifteen scholarships to choose

training him for wrestling and he

would make an excellent pro but

I want him to have a good educa-

tion." Six foot two inches, two hundred and thirty five pounds, Billy Red Lyons. Like I said just

put together the proper ingredients and you will have to like

the finished product. Everyone I

know does.

'He is always after me to start

from when the time comes."

Married, with two boys and a

as he tries to pin stunned opponent.

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# voice of the wrestling fans



#### QUESTION: Do you really like women wrestling?

Betty Smythe, Jonesville, Ark., "Long before Women's Lib existed I felt that women asserted themselves by proving they could successfully compete in a man's sport against their own sex and make it exciting."

Tom Hickman, (Lafollette, Tenn.) "The girls wrestling today have brought a lot of glamour and excitement to the sport. They are talented, attractive and obviously in excellent condition.

Gloria McGinnus (Nashville, Tenn.)' 'I like women in wrestling but sometimes I think they get to crude and lose all their feminity but then again it is really a rough sport."

Kelly Sinclair (Des Moines, la.) Frankly, I think they are ridiculous and have nothing closely ressembling the feminine charm a woman should have. I'd hate to have to tell someone my wife was wrestling in the main event in Chicago."

Eddie Wilks (Orlando, Fla.) "I think the gals are terrific. It is too bad the commissions everywhere don't let them perform. Sometimes they are even better than the male grapplers. Certainly more attractive." 

Tommy Burns (Boise, Idaho): I have nothing against girl wrestlers if that is what they want to do but then again I don't think I would go out of my way to see them in action.

Milo Czsekie (Chicago, III): "If they want to wrestle, let 'em wrestle. Women are doing just about everything that men do in sports today. After all, there were women wrestler's in action in some areas before World War II."

Todd Browning (Lowell, Mass.) 'What's so bad about about women in pro wrestling. I get tired of hearing people knock them. Some of the girls even combine their mat careers with a successful job of homemaking.

Ed Gilmore (Tampa, Fla.) "I've seen some exciting girl matches and I have seen some duds. However, overall, I would have to say they put on a good show - girls like Penny Banner, The Fabulous Moolah and War Starr.'

Linda Hampstead (Corona, Cal.) "What I have seen of women in wrestling, I like it every much. Mildred Burke, the former great champion, has been running a school for women's wrestling in Reseda and it is getting more successful as the months

Teddy Brooks (San Ana, Cal.) "There are two sides to the story. The girls put on a rather exciting show but I wouldn't want to see my wife, sister and mother getting tossed around by some non-feminine woman grap-

Carol Borden (Butte, Montana) "as far as I am concerned there aren't enough women's matches to satisfy me and my friends. The girls are good athletes in their own right and if they want to make a career out of it, why

WRESTLING MONTHLY'S COM-

"Nothing succeeds like success and there is no question, women's wrestling has been received with a large gate approval wherever it has been presented. True, some athletic commissions in the United States and Canada from on women wrestlers but perhaps in the months to come they will change their policies. In any case it looks like the girl gladiators are here

QUESTION: "Do you prefer tag team matches to the straight one on one man event and

Billy Bronson Abeline, Tex.

'It depends on the wrestlers involved. For example, Dory Funk, Jr., in action against a equally ranking grappler would be far more exciting to me than four bums clowning and doing little actual wrestling."

Betty Jean Bradley (Nashville, Tenn.) "I don't really know but I guess if I had to pick one style it would be tag matches. The Hollywood Blondes — Gerry Brown and Dale Roberts are terrific. They are good wrestlers and plenty colorful, too.

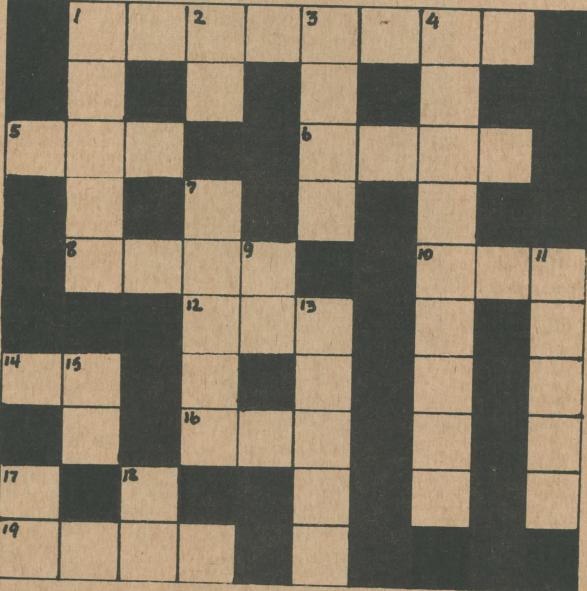
WRESTLING MONTHLY'S COM-

'It's simply a matter of taste. Some people prefer the wild antics of tag teams who are also colorful while others like the more scientific style of a Gagne. But that isn't to say, the tag duos can't be scientific.'

# Wrestling puzzle

### CROSSWORD

THIS PUZZLE WAS SUBMITTED BY KATHY CRYAN OF LOWELL, MASS. Keep those puzzles coming in, fans!



#### ACROSS

- 5-Some people think there should be - instead of three champions.
- 6—Handsome Harley. —
- 8 -- Koloff "Russian Bear"
- 10-Some matches are & tuck.
- 12-Midget wrestler "Sky Low". -

See Answer Page 57

- 14-Initials of Grappler -Gagne.
- 16—Sailor Thomas.

#### DOWN

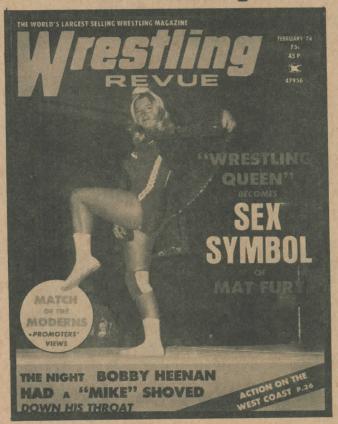
- 1- "Showboat" King.
- 2—Opposite of out.
- 3— Anderson.
- 4—Decision when both opponents are disqualified or

#### counted out of ring.

- 7—Island Scicluna comes from.
- 9—Opposite of yes.
- 11—Stan Stasiak's heart —
- 13-Cowboy Bill ex-promoter Abe-
- 15-Initials of wrestler Goeff
- 17—Initials of Pampero Firpo.
- 18-Initials of Billy Robinson.

February 1974 — Wrestling Monthly /61

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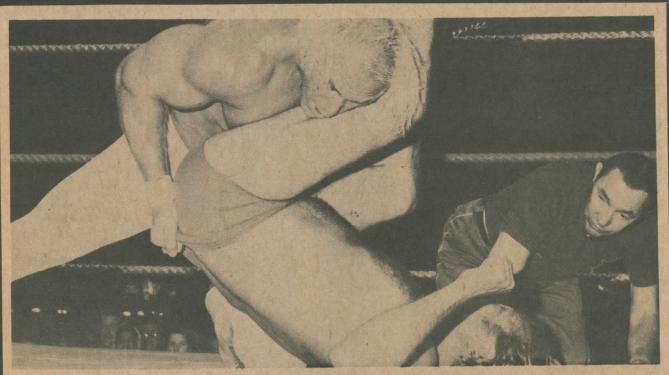
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## for your scrapbook!



I there is a more colorful super star in pro wrestling today than Billy Graham, we don't know where to find him.

Graham is a powerfully built heavyweight who can play it scientific or back alley rough. Billy has wrestled all over the world and when his name appears on the marquis, it means instant success on the box office.

Billy has no scruples when it comes to winning — he'll do anything to gain a decisive fall and is seen in the photo at the left twisting the foot of George Scott, trying to pull him out of the ring.

Finally when the action resumes in the ring, it is the skill of Billy Graham which finally puts the shoulders of Scott on the mat for the count of three.



Back

### Wrestlin MONTHIL







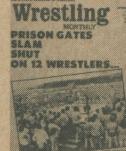








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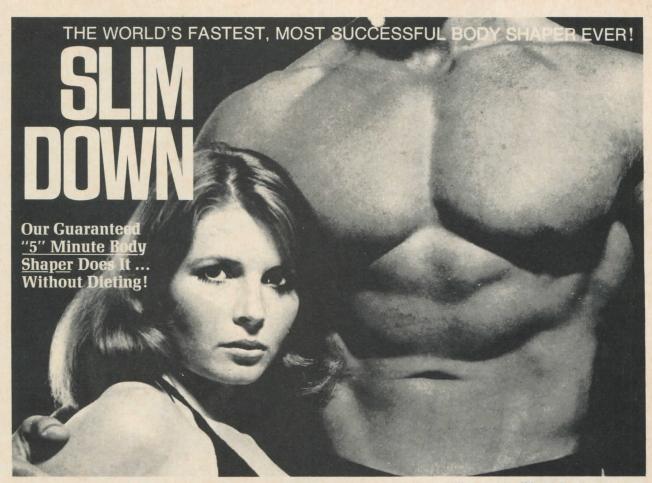


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Patent Pending. @ Copyright Joe Weider, 1973

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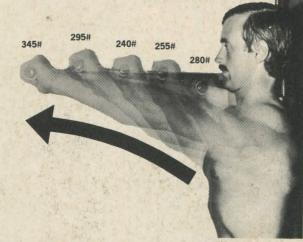
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The following information comes from several recent (1971-72) U. S. athletic coaching journals. Copyright laws prevent us from using names for profit, but the information is au-

1. Several experts conducted a scientific experiment. It showed that the average peak strength improve-ment after only eight weeks, for each type of exercise, was:

Isokinetics Weight Lifting Isometrics

2. One group of researchers stated that all published research matching isokinetics with weight lifting and isometrics showed that isokinetics is greatly superior for muscle build-

ing.
3. The coach of a U.S. multi-gold medal winner in 1972 Olympic swimmedal winner in the attenuth improves ming claims that strength improves faster with isokinetics than with any

other method

4. Many of the professional football teams (colleges and high schools too) are now using isokinetics, and others are quickly following.

5. Two athletic trainers say that isokinetics combines the best of isometrics and isotonics (e.g., weight lifting) into one.

You would think that a weight lifter would really be at peak strength after nine years of training and competition. This nine-year man then tried isokinetics. Only ten weeks later he had increased his all around strength by 26%.
7. Other claims for isokinetics in-

clude (a) no adjustments of the equipment necessary, (b) no warmup needed, (c) little or no muscle soreness, impossible to overwork or strain, (e) no energy wasted trying to control heavy weights while you lift